

ROAD SCHOLAR

Adventures in Lifelong Learning

**Paradise Adventure from
Mountains to Sea
O`ahu, Maui & Kaua`i**

Welcome Packet

**Program # 12294
January – December 2012**



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ISLANDS
INSTITUTE

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ROAD SCHOLAR

Aloha!

Welcome to the Paradise Adventure from Mountains to Sea Road Scholar Program. During this program, we will focus on the exploration of Hawai`i's outdoor environments through hiking, snorkeling, kayaking, and surfing. We are delighted that you will be joining us and believe that you will have a wonderful time in this "Paradise of the Pacific."

Please take the time to read the following information thoroughly, as we have tried to include everything that has proven helpful to our participants in the past. **You will receive one final packet of information 4-6 weeks prior to your arrival.** . This welcome packet and forms are also available online on our website. To access them, open your web browser and type www.explorethepacific.com/12294.asp

This program is sponsored by Pacific Islands Institute (PII). It will be held at the **Waikiki Resort Hotel**, on the island of O`ahu, **Maui Beach Hotel** on the island of Maui, and the **Aloha Beach Resort Kaua`i** on the island of Kaua`i. Based on comments from past participants on this program, we highly recommend that you extend your stay in Kaua`i at the end of the program. Participants have enjoyed the extra days at the Aloha Beach Resort.

Pacific Islands Institute (PII) has been offering Road Scholar group programs in Hawai`i and the rest of the Polynesia, Melanesian, and Micronesian parts of the Pacific since 1989. Through its educational programs, Pacific Islands Institute is dedicated to providing positive cultural interactions; to ensuring our programs are culturally and environmentally sensitive; to involving local people in decision making; and to protecting, sustaining and respecting indigenous cultures and environments. For more information, visit our website at www.explorethepacific.com.

Should you have questions regarding this program, please contact the following organizations depending on the nature of your inquiry:

For registration and general questions:
(9 am – 6 pm eastern time, Monday – Friday)

Road Scholar
11 Avenue de Lafayette
Boston, MA 02111
Ph: (877) 426-8056
Fax: (877) 426-2166
www.roadscholar.org

Specific questions about program:
(8:30 am – 5:00 pm Hawai`i standard time
[2 – 6 hours earlier than North American
time zones] Monday – Friday)

Road Scholar Program
c/o Pacific Islands Institute
3566 Harding Avenue, Suite #202
Honolulu, HI 96816
Ph: (808) 732-1999
Fax: (808) 732-9555
Email: info@pac-island.com
Web: Explorethepacific.com

As we get closer to the time of your program, you will receive a final packet containing a sample itinerary of your program, emergency contact information, and other helpful information.

Mahalo (“thank you”) for selecting this program for your Road Scholar experience. We are confident that you will have a wonderful time. We look forward to making your visit in Hawai`i relaxing, pleasurable, and intellectually stimulating.

Aloha,

A handwritten signature in black ink that reads "Andrew A. Lockwood". The signature is written in a cursive, flowing style.

Andrew A. Lockwood
PII Road Scholar Director

Enclosures: Road Scholar Health and Safety Form
Housing and Transportation Form
General Health Information form
Assumption of Risk & Liability Release Form
Optional Polynesian Culture Center Purchase Form

PROGRAM SUMMARY

PROGRAM GOALS

Paradise Adventure from Mountains to Sea

The Hawaiian Islands are sometimes called “the paradise of the Pacific” thanks to their spectacular natural beauty, abundant sunshine, lushly colorful flora, coral beaches fringed with palms, majestic volcanic peaks, and rolling surf. Take advantage of year-round mild weather as you experience Hawai`i through active exploration of its natural environments on the islands of O`ahu, Maui, and Kaua`i. Learn about our 50th state, first settled by Polynesians between 300-600 A.D., as you hike, kayak, snorkel, sail, and surf in paradise.

PROGRAM ITINERARY

Independent arrivals by 3:00 pm in Honolulu (HNL), 5 nights; fly to Kahului, Maui, 3 nights; fly to Līhu`e, Kaua`i, 3 nights; independent departures Līhu`e, Kaua`i (LIH). Inter-island transfers included; most ground transportation in school buses.

PROGRAM STRUCTURE

Study Hawai`i's mountains up close with naturalist-led field trips, walking and hiking into Haleakalā National Park, up the slopes of Diamond Head, along mountain ridges, through stream-eroded valleys, and to a waterfall. Explore Hawai`i's waters through river kayaking on Kaua`i, and surfing instruction off Waikīkī Beach – with majestic Diamond Head as the backdrop!

Lectures are in association with Pacific Islands Institute. Our lecturers are experts in their specific fields of interests and/or docents. In most visits, you will be able to take photos and record your experience.

HEALTH, SAFETY & PHYSICAL CONSIDERATIONS

Please consult with your physician about the physical demands of the program and your participation in it well before departure. If you have any questions or concerns about aspects of the program please contact the PII Road Scholar office.

This program is rated Activity Level 6: Participants must be in excellent health, extremely mobile and used to an active lifestyle. Program activities may require up to six hours of strenuous, moderate- to fast-paced activity per day, equivalent to hiking six miles at a 3-mph pace over varied terrain. The program also includes one kayaking excursion of up to 2 hours, easy paddling along a river, and hiking up to 6 miles at one time (elevation gains to 1,500' with most around 400'). Participants must be able to swim. Outdoor activities are subject to weather conditions. Signing the enclosed liability waiver form is required.

The program requires hiking up to six miles a day on field trips. The paths may be uneven or unpaved. The program also goes to Haleakalā National Park with an elevation of 9,740 feet. Participants with health conditions at high altitudes should not participate in this field study.

ACTIVE OUTDOOR ACTIVITIES

Please note that all active outdoor activities are weather dependent. As conditions vary, the schedule is subject to change. Comfortable, sturdy athletic shoes, such as cross-trainers, are a good all-purpose activity shoe. Plan on muddy, wet hiking when in the mountains and rock-hopping at river crossings.

Water Activities: For some of the water activities you will be provided with a **personal floatation device that must be worn. You must be able to swim to participate in the water activities.** Pacific Islands Institute reserves the right to limit participation of those who, in PII's opinion, do not swim well enough and may present a hazard to themselves or others. Participants are taught how to use surfboards, wide-hulled ocean canoes, river kayaks, facemasks, and snorkels. Plan on sandy and wet feet at the beach and on all boating activities.

O`ahu Water Activities: Long board surfing, outrigger canoe wave-riding

Maui Water Activities: Snorkeling

Kaua`i Water Activities: River kayaking

Hike Activities: Please note that this list of hikes is provided for your convenience and sites are subject to change without notice. As you know, this program is for the physically active Road Scholar participant.

Diamond Head

Duration: 3 hours

Length: 3 miles

Maximum Elevation: 760 feet

Difficulty: Moderate

Elevation Gain: 400 feet

Object of Hike: Learn about native and introduced vegetation growing in the crater.

Special Challenge: Hiking in direct sunlight and up many stairs.

Description: This uphill climb includes several stairs near the top and passing through a dark tunnel. After going up a spiral staircase in a World War II bunker, a 360-degree panoramic view of the area awaits you.

Kahana Valley Trail

Duration: 1 hour and 50 minutes

Length: 2.5 miles

Maximum Elevation: 400 feet

Difficulty: Moderate

Elevation Gain: 400 feet

Object of Hike: Learn about traditional land use and cultivation in the ahupua`a (land division from the mountain to the sea) of Kahana. Explore a forest growing with native and introduced species. View and participate in Hawaiian cultural activities with native Hawaiian residents of Kahana Valley.

Special Challenge: Hiking on muddy unpaved trails through lush vegetation.

Description: Hike through dense, tropical forest, lush from great amounts of annual rainfall. Further into the valley, there is more opportunity to see native plants such as koa, hala, and hau trees among the invasive introduced species. Discover traditional `auwai (irrigation ditches). Before and after the hike, you may have the opportunity to learn about cultivating kalo (also called taro, the staple plant of the Hawaiian diet) and to see the restoration work of a native Hawaiian fishpond.

Haleakalā National Park Summit Area Trails and Hosmer Grove Nature Trail

Duration: 2 hours

Length: 1 mile

Maximum Elevation: 9,740 feet

Difficulty: Easy to Moderate

Elevation Gain: 120 feet

Object of Hike: See the rare `iliahi (sandalwood) tree and endemic `āhinahina (silversword) in various places in Haleakalā National Park. Also study the unique geological features of this shield volcano.

Special Challenge: At the 9,740 foot elevation of the crater's rim, hiking uphill on short trails (we will be hiking just about 1/4 mile at this elevation) takes more effort due to high elevation. Loose lava rock and cinder on the trail can be slippery. One should be dressed appropriately in case of rain or cold temperatures. The Hosmer Grove hike is longer (about 3/4 miles) but easier due to lower elevation (7,000 feet). Due to the high elevations, you should consult with your physician to see if elevation could be a problem for you.

Description: Haleakalā's volcanic crater (erosional basin) covers 19 square miles and has a 21-mile circumference. If visibility is good, you will be able to see from one end of the crater that gets less than 30 inches of rain per year to the other end that receives more than 300 inches per year. The Nene Goose, Hawai'i's state bird, which was once on the verge of extinction, can sometimes be seen on Haleakalā. Hosmer Grove is a special forest area with a variety of trees that were planted many years ago. Due to the high elevation, you should consult with your physician to see if elevation could be a problem for you.

Waihe`e Ridge Trail

Duration: 4 hours

Length: 6 miles

Maximum Elevation: 2,560 feet

Difficulty: Moderate to Difficult

Elevation Gain: 1,513 feet

Object of Hike: See a spectacular view of the Waihe`e Gorge and learn about the history and botany of this West Maui Mountains locale.

Special Challenge: Uphill hiking on a ridge trail that is narrow in certain places.

Description: You will pass through forests and open area as you hike along this mountain ridge trail. With this side of the island of Maui being the oldest, there is a visible difference in the geological erosion that has occurred. The area offers panoramic views of the island and is rich with green vegetation due to high annual rainfall.

Māhā`ulepū Coast Hike

Duration: 3 hours

Length: 2.5 miles

Maximum Elevation: 100 feet

Difficulty: Easy

Elevation Gain: 100 feet

Object of Hike: Experience unique coastal geology in a remote area with endemic plants, birds, monk seals, and humpback whales (seasonal: Jan - Apr)

Special Challenge: The group must walk in sand and across streams.

Description: The Māhā`ulepū Coast has a unique coastal karst topography, which supports endemic coastal plants, and offers spectacular vistas, gorgeous beaches, and ancient Hawaiian cultural sites. We hope to see wedge-tailed shearwater chicks in their burrows, endangered

Hawaiian monk seals resting on the beaches, and humpback whales leaping in the waters offshore (seasonally). Expert guides will lecture on the geology of this wonderful area and the wildlife to be seen.

REQUIRED INFORMATION FORMS

Please be sure to fill out your enclosed Housing and Transportation Form, Health and Safety Form, and Risk Release Form. Those participants traveling together may complete one general Housing/Transportation Form: however, each program participant must complete a separate Health and Safety Form and Risk Release Form. **Please send these forms as soon as possible and no later than 4 weeks prior to your arrival.**

Please provide all details that would be important in the case of an emergency or that could affect your participation in the program. For your health and safety please understand that accurate and complete responses are essential. These forms will be kept on hand with your Group Leader during your program.

When filling out the Housing and Transportation form, **you must print your name exactly as listed on the I.D. you will be using for airline check-ins.** If you have a middle name or initial listed on your I.D., please include it on the form as airlines have become stricter about enforcing the exact name policy. We will use this name when processing your inter-island airline tickets. If your tickets do not match with the name as listed on your I.D., you will be assessed a fee by the airlines. There will be a separate space to indicate your “preferred name” for use on nametags and other program materials.

Please send the enclosed forms and any letters requesting further information to:

Road Scholar Program
c/o Pacific Islands Institute
3566 Harding Ave., Suite 202
Honolulu, Hawai`i 96816
Fax: (808) 732-9555
Email: info@pac-island.com

Do not send your travel and emergency information forms to Road Scholar in Boston, as this will significantly delay processing. We can also be reached by phone, fax, or e-mail as noted in the Welcome letter of this packet.

SUGGESTED READING

A bibliography of recommended reading materials is included at the back of this packet to enhance your enjoyment of the program. We have included a list of books and publications on different aspects of Hawai`i we will study and explore. Please check your local library, bookstores, or the internet for additional titles.

STUDY SITES

INDEPENDENT ARRIVALS & DEPARTURES TO HAWAII

Important: Most of the major airlines fly to Hawai'i. If you are making your own plans, look for the best fare and schedule. Be sure to check for possible senior fares or discounts available through the different airlines.

Please remember that your program begins on O`ahu and ends on Kaua`i. **You will be responsible for making your own travel reservations to O`ahu and for your return flight from Kaua`i.** For planning, you should make flight reservations to arrive at Honolulu International Airport on O`ahu (HNL) and to depart from Līhu`e, Kaua`i (LIH). We suggest that you schedule your flight departure from Līhu`e Airport (LIH) after 10:00 am if flying out that day. If you need a flight to Honolulu from Maui, there are three interisland airlines available: Hawaiian Airlines (800) 367-5320 (website: www.hawaiianair.com), Island Air (800) 323-3345 (website: www.islandair.com), and go! Airlines (888) 435-9462 (website: www.iflygo.com).

You may want to check the websites of specific airlines, travel websites such as orbitz.com and expedia.com or your local travel agent for flights to Hawai'i. If you need assistance making your air travel, you may contact the Road Scholar Travel Coordinator Office at: **Road Scholar Travel Services, 800-854-3418, Monday through Friday, 9AM to 6PM Eastern Time or via email to travelinfo@roadscholar.org**

Please check with your specific air provider as to what the luggage restrictions are for your flights to and from Hawai'i and if any additional fees are associated with them. Participants are responsible for paying these fees.

Should you plan to arrive early or to stay longer after your program concludes, we have included, for your convenience, hotel information, rates, and booking information in the pre-post program accommodations section of this packet.

INTER-ISLAND GROUP FLIGHTS

Please note that your program tuition includes the inter-island flights from O`ahu to Maui to Kaua`i during the program. You do not need to make reservations for these inter-island flights as we have taken care of this for you. **All participants need a valid government-issued Photo I.D. to board the inter-island flights. The name on your ticket must match EXACTY as it is written on your I.D., including your middle name or initial if relevant.**

Due to the changing climate of the airline industry, there may be fees for checked luggage during inter- island flights during the program. These fees are not part of the program tuition and are not included in the program cost. Participants are responsible for paying luggage fees for inter-island flights.

It is typically possible to collect airline mileage credit for your inter-island flights, which will be on either Hawaiian Airlines, Island Air, or go! Airlines. Hawaiian Airlines is currently affiliated with the frequent flier programs of American, Continental Airlines, Delta Airlines, US Airways, United Airlines, and Virgin Atlantic. Island Air is currently affiliated with Continental Airlines, Hawaiian Airlines and United Airlines. Affiliations are subject to change without notice. You must request the

mileage at the check-in counter before each flight. We regret that Road Scholar and Pacific Islands Institute are unable to assist you if you do not claim your mileage credit at the time of flight check-in.

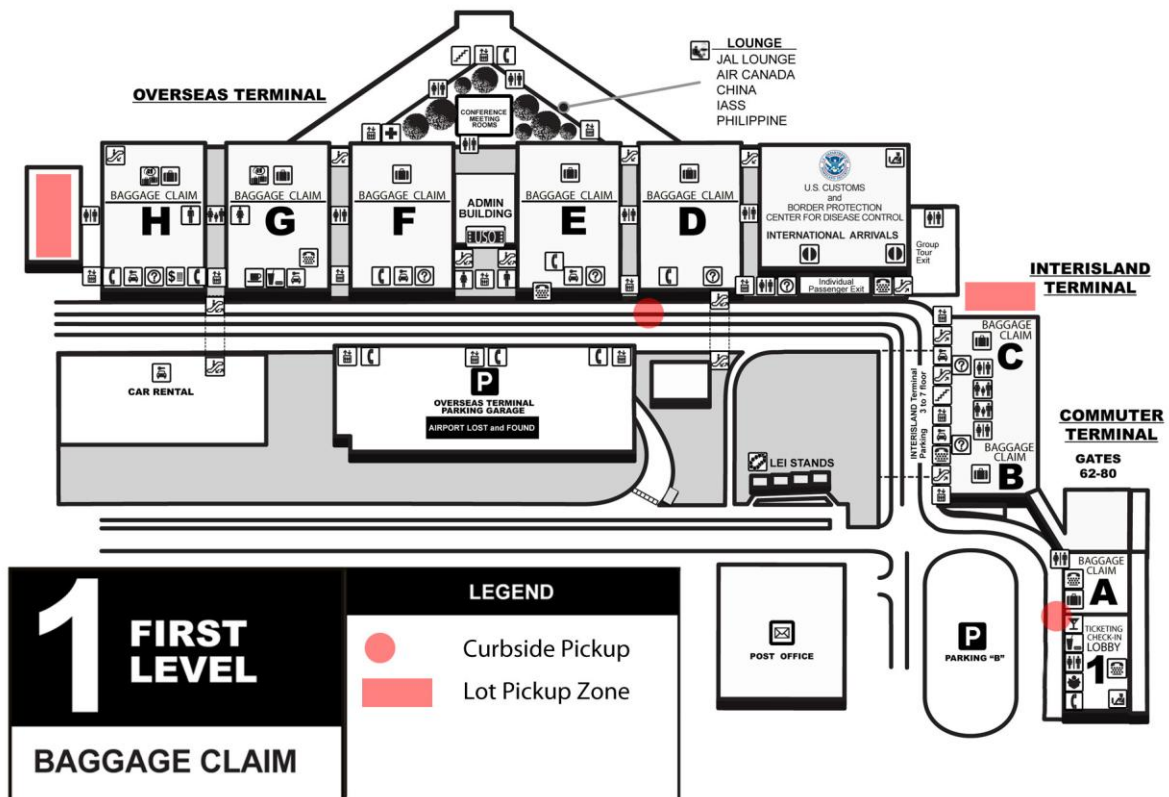
O`AHU

O`ahu is known as the “Gathering Place”. It is the most populated island with over 950,000 residents and is where Honolulu is the capital city, the principal port, the major airport, and business and financial center, and the educational heart of the State. O`ahu is the military command center of the Pacific. Landmarks include the Nu`uanu Pali, Diamond Head, and Pearl Harbor.

ARRIVAL: Honolulu International Airport (HNL)

Most flights arriving from the mainland unload their passengers at one of the outer wings of the airport. If this is the case for your flight, you may want to take the Wiki Wiki (Hawaiian for “quick”) tram, which will take you to the main terminal and baggage claim. If your plane lands at the center section, you can easily walk to the baggage claim area.

Unlike the “mainland” (continental USA), hotels in Waikīkī do not provide a complimentary shuttle from the airport to the hotel. After you have claimed your luggage, you will find there are many transportation companies offering service to the hotel.



- Airport Waikīkī Shuttle Service: SpeediShuttle provides door to door service from the Honolulu Airport to Waikīkī. Shuttle stops are conveniently located on the ground level at the tour group areas adjacent to Baggage Claims C (Interisland Terminal) and H

(Diamond Head Terminal), as well as curbside at the Overseas Terminal (between Baggage Claim D and E) and the Commuter Terminal. SpeediShuttle Greeters and Shuttle Attendants wearing red aloha prints are present throughout baggage claim and at each pickup location to arrange your door to door transportation. SpeediShuttle signage is located throughout the terminals and at each pickup zone. Shuttles depart within 20 minutes of check-in with shuttle attendant. Arrival fares begin at \$14.55; Round-trips from \$26.79 – includes a 10% discount on the return segment when booked at the same time as your initial travel (*prices subject to change*). There may be additional charges for oversized or excess baggage [more than 2 bags per person]. For more information contact SpeediShuttle at (808) 839-OAHU (6248) or go online www.speedishuttle.com.

- **Taxi:** Dispatchers are available to assist you immediately outside the baggage claim area. (Approximately \$35.00, available 24 hours a day)

Note: There are other transportation services available; however, not all shuttles service all hotels. Please confirm that the shuttle you intend to hire services the Waikīkī Resort Hotel before making a reservation or buying a ticket. Please have the address of the Waikīkī Resort Hotel (2460 Koa Avenue, Waikīkī) with you in case the driver needs it.

ACCOMMODATIONS: Waikīkī Resort Hotel

The Waikīkī Resort Hotel is well located in the heart of Waikīkī, half a block away from the Kūhiō Beach section of world famous Waikīkī Beach and in the shadow of iconic Diamond Head. The hotel is within walking distance of other popular attractions such as Kapi`olani Park, the Honolulu Zoo, the Waikīkī Aquarium, the International Marketplace, King’s Village shops, and a multitude of restaurants and other attractions. The best of Waikīkī and much more is in close proximity.

The Waikīkī Resort Hotel amenities include an outdoor swimming pool and pool deck, sundry and gift shops, self-service laundry, a laundry and dry cleaning service, a 24-hour business center, two restaurants, and a 24-hour bell desk, front desk, and hotel security service. Each guest room is equipped with air conditioning, private balcony, two double beds, refrigerator, shower or shower and 1/2 bath tub, clock radio, color TV with cable, on demand movies, and games, and a safe. Parking on property is \$18.00 per day. The hotel is a 30 minute drive (12 miles) from Honolulu International Airport.

MAUI

Maui, the “Valley Isle”, produces sugar, pineapple, cattle, and horses. The 10,023-foot Haleakalā is the largest dormant volcano crater in the world. Lahaina was Hawai`i’s capital before 1845, and still retains the atmosphere of an old whaling town. Nearby are the Kā`anapali and Wailea resort areas and golf courses. The Hāna and `Īao Valleys draw many visitors. The island has a population of almost 150,000 people.

ARRIVAL: Kahului Airport (OGG)

After departing from Honolulu’s inter-island terminal on Day 6 of your program, the group will arrive at Kahului Airport, Maui’s main airport. You will be transported by bus to the program site.

ACCOMMODATIONS: Maui Beach Hotel

This “kama`āina” (local) property is located on the harbor side of Ka`ahumanu Avenue in Kahului, Maui. The hotel has two stories and offers air-conditioned guest rooms with one queen or two double beds, private bathroom, color television, direct dial telephone, a refrigerator, and an in-room safe. The hotel has a swimming pool and pool deck. As it is located on a “harbor” beach, swimming is not recommended here. The town of Kīhei (a 30 minute drive) has several swimming beaches. There is free parking at the hotel, daily housekeeping service, a coin operated laundry, and a sundry shop. There is a large shopping mall across the street. For additional information on the Maui Beach Hotel, visit www.mauibeachhotel.net.

KAUA`I

Kaua`i, the “Garden Island” offers magnificent scenery and lush vegetation, beautiful waterfalls, the spectacular Waimea Canyon, the great “hidden” valley of Kalalau, colorful tropical plants and flowers. Landmarks include Hanalei Bay, Wailua River, Nāwiliwili Bay, and Poipu Beach. Kaua`i is the oldest of the main island in the state with a population of about 67,000 people.

ARRIVAL: Līhu`e Airport (LIH)

On Day 9 of your program, you will depart Maui’s Kahului airport and will arrive at Līhu`e Airport, Kaua`i’s main airport. You will be transported to the program site.

ACCOMMODATIONS: Aston Aloha Beach Hotel

This full service resort is located on an oceanfront park where the Wailua River meets the sea. The resort features Kaua`i’s only protected swimming and snorkeling beach, two swimming pools, jacuzzi, fitness room, tennis, volleyball, shuffleboard, housekeeping service every other day, coin operated laundry, valet service, elevators, and free parking. Each room has a private bathroom, central air conditioning, a refrigerator, coffee maker, alarm clock/radio, color TV, phone, hair dryer, and an in-room safe. The hotel is a 20 minute drive (6 miles) from Līhu`e Airport. For additional information about the Aloha Beach Resort, visit their website at www.astonhotels.com/resort/overview/aston-aloha-beach-hotel

PRE- AND POST-PROGRAM ACCOMMODATIONS

O`AHU- PRE-PROGRAM:

If you would like to make a pre-program reservation at the Waikīkī Resort Hotel where you are staying on O`ahu during the program, please call hotel’s central reservations office at 1-800-367-5116. **To qualify for the following special post-program rate, please state that you are attending the PII Road Scholar Program and be prepared to give your program dates.** Please note that the rate varies depending on the time:

Special PII Road Scholar room rate (“Run of House” Category) is:

\$115.00 + taxes for January, February, March, July, August, and December

\$105.00 + taxes for April, May, June, September, October, and November

Since the number of these special-rate rooms is limited, we recommend that you make your reservation as soon as you have finalized your travel plans. To guarantee your reservation, you must

provide a major credit card (VISA, MasterCard, American Express, Discover, Diners) for one night's deposit and must be received by the Hotel at the time of booking. You may cancel your reservation up to 72 hours in advance without penalty. If you cancel within 72 hours of your reservation, a charge of one night's room and tax will apply.

OTHER HOTEL OPTIONS ON O`AHU

Hilton Waikīkī Beach Hotel

If you are interested in staying at a different hotel on O`ahu after your program concludes, the Hilton Waikīkī Beach is an upscale hotel centrally located one block from famous Waikīkī Beach & in the heart of Waikīkī. This four-star property offers breathtaking ocean or mountain views. All rooms are newly renovated and have air conditioning, refrigerator, 42" flat-screen cable TV, telephone with data port, Hilton Serenity bed, shower only (tub on a request basis) and high-speed internet access (fee). The property has a heated pool, whirlpool spa & a pool-side snack bar. For more information, please visit their website at www.hiltonwaikikibeach.com

For your convenience, we have set up a quick link to reserve rooms at the Hilton Waikīkī Beach Hotel. Rates start at \$ 177.00 + tax. Simply copy and paste the following URL into your web browser to book:

<http://www.hilton.com/en/hi/reservations/index.jhtml?hotel=HNLWAHF&corporateCode=N2753090>

Hawai`i Prince Hotel

Located at the gateway to Waikīkī, the Hawai`i Prince Hotel Waikīkī overlooks the beautiful, blue Pacific Ocean and the Ala Wai Yacht Harbor. The guest rooms at this AAA Four Diamond property are all oceanfront with floor to ceiling windows. Amenities include shuttle service to Waikīkī and surrounding beaches, swimming pool, whirlpool, business center, fitness room, , in room mini-refrigerator, in room safe, hair dryer, iron, bath robe, four restaurants, and free transportation to the hotel's 27 hole championship golf course designed by Arnold Palmer (guests receive preferred tee times and special rates) or to two championship tennis courts.

You can make a reservation at the Hawai`i Prince Hotel by one of the following methods:

Phone reservations: Toll Free: (800) 561-2255 or (808) 944-4422

Email reservations: reservations@princehawaii.com

Fax reservations: (808) 944-4491

You must reference Account #111111827 to receive special rates. Rates start at \$179.

Cancellations are extended up to 48- hours prior to arrival without incurring a one-night room and tax charge.

KAUA'I- POST-PROGRAM

If you wish to stay additional nights after your program at the Aloha Beach Resort, please call 1-888-823-5111 (fax 1-808-823-6666). To qualify for the following special Pre- and Post- Program Rate, please state that you are attending the **Pacific Islands Institute Road Scholar Program** and be prepared with your **Program Dates**. **This rate is based upon availability:**

Garden View \$110.00 + taxes

Your Kaua'i program uses the Garden View rooms. The hotel does also have other room categories that you may want to consider. If you wish to book a room in a different category, you will have to do so at the hotel's regular rates.

To guarantee your reservation, a one night deposit will be charged to your credit card or a check must be received at the Hotel within 10 days of booking. Credit cards accepted include VISA, MasterCard, American Express, Carte Blanche, JCB, Diners Club and Discover Card. Since the number of these low-rate rooms is limited, we recommend that you make your reservation as soon as you have finalized your travel plans. You may cancel your reservation up to 72 hours in advance without penalty.

GENERAL INFORMATION

PROGRAM REGISTRATION

On the first day of your program, there will be a Road Scholar registration 3:00 – 5:00 pm at the Waikīkī Resort Hotel. Earlier hotel check-in may be possible if rooms are available. Upon arrival, please proceed to the hotel's front desk to check in. You will then be directed to the Road Scholar registration desk. You will receive a program booklet, which will detail your daily schedule when you register with your Group Leader. Dinner is scheduled for 5:30 pm.

If you arrive after 5:00 pm and miss the Road Scholar program registration, the hotel's front desk will be holding your program materials for you. These program materials will tell you where to find the group when you arrive. You can join the group at that time. If you arrive after the dinner and introductions, please leave a message for the Group Leader that you have arrived.

ORIENTATION AND ACTIVITIES

At your program registration, you will receive a Road Scholar Daily Schedule which will detail your daily activities. Introductions will take place the first evening after dinner, and the program orientation will take place the next morning.

Please note that our program does include some free time for you to explore areas of interest on your own. If you have particular sight-seeing or other things you want to do, we recommend you consider arriving early or staying after the program as free time during the program is limited. These optional activities are not included in the price of your tuition. You may also check with the hotel's activities desk for more information on things to do during your free time.

ADDITIONAL HAWAII INFORMATION

If you would like additional information on hotels, sites of interest, and optional activities, please contact your local travel agent or the Hawai'i Visitors & Convention Bureau at 1-800-GOHAWAII (1-800-464-2924) or visit their website at www.gohawaii.com

ROOM ASSIGNMENTS

Participants traveling together will be housed together. Those traveling independently will be paired with a roommate of the same gender and housed two to a room unless registered for a single room. You will, of course, be with your requested roommate. Couples will generally be assigned a room with one bed unless otherwise specified on the Housing & Transportation Form. All others will be assigned a room with two beds unless otherwise specified. Please note that we will do our best to obtain your preferred bedding arrangements, however, there are no guarantees.

MEALS

With the exception of those meals included on our field trips, our program meals on O`ahu, Maui, and Kaua`i will be served in the hotel or local restaurants. The meals generally will be served from a variety of set, pre-planned menus or buffets, and some picnic lunches on field trips. You may purchase alcoholic beverages on your own when available. Please inform us of any food allergies on your Health/Safety Form and we will try our best to accommodate you.

SMOKING POLICY

Hawai'i is the 14th U.S. State to enact a Smoke-Free Law prohibiting smoking in partially or enclosed facilities that are owned by the state, or open to the public including private businesses such as restaurants and bars. No smoking is allowed within 20 feet of doorways, windows, and ventilation intakes, or allowed in Hawai'i airports from cabin to curb. Smoking is prohibited in classrooms and on busses and other conveyances.

Hotels and motels may designate up to 20 percent of rooms as smoking allowed. As many Road Scholar participants are non-smokers, we try to ensure that smokers and non-smokers are not assigned as roommates. If there is no other option than to assign a non-smoker and a smoker as roommates, the smoker is asked to refrain from smoking in the shared room. In the event that a guest has smoked in a non-smoking room, there may be a cleaning fee assessed by the hotel upon check-out.

As a general courtesy, smoking is only permitted outside and away from the group. Group leaders, drivers, and other staff are expected to observe non-smoking areas.

PORTERAGE AND TIPPING

Standard portorage and tipping are included for hotel arrivals and departures within the program, restaurant service, and group bus transfers. Tipping for housekeeping service is at your own discretion. Tipping for arrival at first destination, departure from last accommodation, portorage at the beginning and end of the program, bar service, or any other personal service is not included.

CLOTHING AND PERSONAL ITEMS

In Hawai'i, the dress is casual. The weather is pleasantly warm year-round, averaging in the mid- to upper-80's during the day and low to mid-70's at night. Gently blowing trade winds help keep the temperature comfortable. We suggest LIGHTWEIGHT COTTON or cotton/poly clothing. A light rain poncho (disposable types are sufficient) or umbrella is recommended for tropical showers, and a light jacket or sweater is recommended for the evenings. Sunscreen, a hat, and mosquito repellent are also important for outdoor activities. **We encourage you to pack lightly** and to consider bringing a luggage cart or luggage with wheels for ease of travel. Laundry facilities are available at most hotels in which you will be staying during the program.

This program includes visits to one or more National Parks which charge per person entrance fees (currently up to \$5 per park). As many Road Scholar participants have a National Park Service (NPS) Golden Age Passport or NPS America the Beautiful Senior Pass, we decided not to include these entrance fees in your Road Scholar tuition, as we did not want participants to have to pay for something that you could otherwise get for free. **If you have a Golden Age or America the Beautiful Senior Pass, you need to bring it with you in order to avoid paying a fee at each park included in the program.** If you do not have either pass, we encourage you to purchase a senior pass at a participating government agency before your arrival, if possible. If prior purchase of a pass is not possible, you may have an opportunity to purchase one for a \$10.00 lifetime benefits fee.

For more information on current NPS Entrance Pass Programs and Pass purchasing information, please visit <http://www.recreation.gov/recpass.jsp>. For answers to questions about the NPS Senior Pass, please visit <http://store.usgs.gov/pass/senior.html>

SUGGESTED PACKING LIST:

FOR BOTH MEN & WOMEN

- Medications
- Sunscreen and insect repellent
- Personal items such as toiletries

- Sunglasses
- Cap, sun visor, or hat
- Daypack for field trips
- Umbrella and/or lightweight rain poncho
- Reusable water bottle for field trips
- Motion sickness medication, ginger candy, and/or wristbands (if needed)
- Lightweight jacket and/or light sweater
- Swimsuit
- Comfortable, sturdy athletic shoes appropriate for hiking (good tread and ankle support)

- Sandals or flip-flops/thongs
- Reef shoes for water activities
- Binoculars (optional)
- Road Scholar passport (optional)
- Snorkel Equipment (optional)
- Walking Stick (optional)
- Travel alarm clock (optional)
- Camera (optional)

FOR MEN

- Lightweight trousers for evening (optional)
- Walking shorts
- Shirts (Hawaiian or aloha, sport or golf shirts for evening, and T-shirts for day)

FOR WOMEN

- Lightweight cotton pants, shorts, and/or skirts
- Swimsuit Cover up (optional)
- Cotton blouses, casual tops, or T-shirts

- 1-2 Dresses (loose-fitting cotton sundress-style) or Hawaiian mu`umu`u for evening

HAWAII CONTACT INFORMATION

During the program, you may be reached at the following:

Day 1-6 (O`ahu):

“Your Name”
PII Road Scholar Program
C/o Waikiki Resort Hotel
2460 Koa Avenue
Honolulu, HI 96815
Ph: (808) 922-4911
Fax: (808) 922-9468

Day 6-9 (Maui):

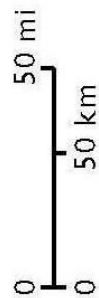
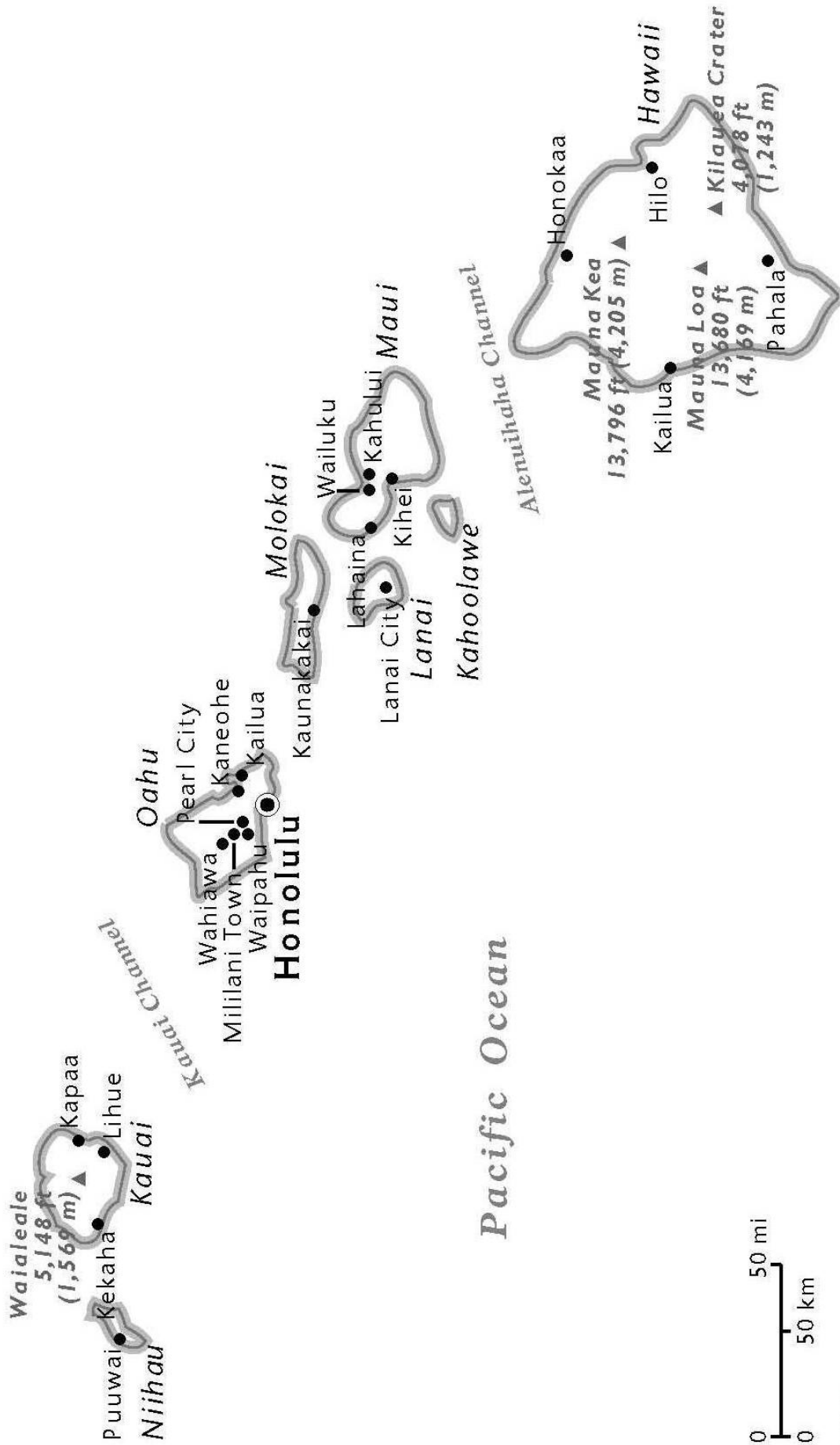
“Your Name”
PII Road Scholar Program
C/o Maui Beach Hotel
170 Ka`ahumanu Ave.
Kahului, HI 96732
Ph: (808) 877-0051 or 1-888- 649-3222
Fax: (808) 871-5797

Day 9-12 (Kaua`i):

“Your Name”
PII Road Scholar Program
C/o Aston Aloha Beach Hotel
3-5920 Kuhiō Highway
Kapa`a, HI 96746
Ph: (888) 823-5111
Fax: (808) 823-6666

Please do not call or write any of these hotels for Road Scholar program information. We are only in residence during the program sessions.

Please also note that Hawai`i generally has good cell phone coverage, and coverage areas and signal strengths are only getting better, so if you have a cell phone, you may want to consider bringing it with you. We recommend you check your provider’s Hawai`i coverage areas and costs under your cell phone plan. Internet access will also be available at some locations.



Hawaii

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OPTIONAL ACTIVITIES & ADDITIONAL HAWAII INFORMATION

We have designed an excellent program for you filled with many great activities. As you would expect, there is a vast array of activities available in Hawai'i, some free and some involving extra cost, and you may find that there is something of particular interest to you which was not included in the program. To facilitate your consideration of these extra activities, we have provided some resources below for you to consider.

POLYNESIAN CULTURAL CENTER - OPTIONAL ACTIVITY ON DAY 5

This cultural theme park is one of Hawai'i's most popular visitor attractions and a frequently requested activity. Located about one hour's scenic drive from Waikīkī, the Polynesian Cultural Center is a top Hawai'i attraction. A visit here represents a chance to travel through Polynesia in a single day and participate in the celebration of centuries of Polynesian culture. This optional activity includes round trip transportation from Waikīkī and an authentic lua`u and show. See the enclosed optional free time activity form if you wish to register. For more information on the Polynesian Cultural Center, you can find them on the internet at www.polynesia.com.

HANAUMA BAY NATURE PRESERVE

Hanauma Bay Nature Preserve, a coastal and marine preserve, is located 10 miles east of Waikīkī, or approximately 45 minutes by city bus. It was declared a protected marine life conservation area and underwater park in 1967. This is a wonderful, protected cove for snorkeling with a diverse population of marine life and a large, coral reef. The bay floor is actually the crater of an ancient volcano that flooded when the exterior wall collapsed and the ocean rushed in. The admission fee per person is \$5 and is open 6:00 am – 6:00 pm weekdays and Sundays, 6:00 am – 10:00 pm on Saturdays and is closed on Tuesdays. For more information, you can call the park at (808) 396-4229.

PEARL HARBOR

Pearl Harbor, named for the pearl oysters once harvested there, is the largest natural harbor in Hawai'i, a World War II Valor in the Pacific National Monument and the only naval base in the United States to be designated a National Historical Landmark. The devastating aerial attack on Pearl Harbor resulted in 2,390 dead and hundreds wounded, and drove the United States into World War II. Pearl Harbor honors this history-changing event with the Pearl Harbor Historic Sites: The USS Arizona Memorial is part of the recently dedicated WWII Valor in the Pacific National Monument. The National Monument also includes sites on Ford Island: the USS Oklahoma Memorial, USS Utah Memorial, and several historic Battleship Row mooring quays and CPO bungalows. The USS Arizona Memorial is located about 2 miles west of the Honolulu Airport and is managed by the National Park Service (NPS) and consists of a shoreside visitor center, where the tours begin, and the Memorial, located in Pearl Harbor. The Memorial is accessible only by the NPS tour from the visitor center. The other National Monument sites are only accessible via tours going to the Battleship Missouri Memorial and the Pacific Aviation Museum. Tickets are available for these sites within the Visitor Center. For more information on visiting the WWII Valor in the Pacific National Monument and the USS Arizona Memorial, please visit the National Park Service website at www.nps.gov/valr/ or call (808) 422-3300

PROGRAM SCHEDULE

This schedule is intended to give you a general idea of how the program will flow. The order of the elements may vary from program to program. You will receive a sample schedule in your Final Packet and a complete daily schedule upon arrival at your program registration.

DAY 1

Afternoon Registration
Evening Dinner
Introductions

DAY 2

Morning Breakfast
Orientation
Adventure activity
Afternoon Picnic lunch
Free time
Evening Dinner
Optional Video
& Class

DAY 3

Morning Breakfast
Field trip to valley
Afternoon Picnic lunch
Field trip continues
Evening Dinner

DAY 4

Morning Breakfast
Field trip – interpretative hike
Afternoon Lunch
Adventure activity
Evening Dinner is on your own
Optional class

DAY 5

FREE DAY – all meals on your own
Optional Tour: Polynesian Cultural Center (*additional fee*)

DAY 6

Morning Breakfast
Fly to Maui
Field trip to national park
Afternoon Lunch
Field trip continues
Check-in to hotel
Evening Dinner

DAY 7

Morning Breakfast
Field trip to lush valley
Afternoon Picnic lunch
Adventure activity
Evening Dinner

DAY 8

Morning Breakfast aboard boat
Field trip to snorkel spot
Afternoon Deli-style lunch aboard boat
Return to shore
Free time
Evening Dinner

DAY 9

Morning Breakfast
Fly to Kaua`i
Field trip – interpretative hike
Afternoon Picnic lunch
Field trip continues
Check-in to hotel
Evening Dinner

DAY 10

Morning Breakfast
Field trip – water activities
Afternoon Picnic lunch
Field trip – hike
Evening Dinner
Class

DAY 11

Morning Breakfast
Field trip – scenic guided hike
Afternoon Picnic lunch
Field trip continues
Evening Aloha (farewell) dinner

DAY 12

Morning Breakfast
Hotel check-out & individual departures

PII ROAD SCHOLAR PROGRAMS

Pacific Islands Institute also offers other Road Scholar Programs in Hawai`i and the South Pacific. You may wish to consider one of these before or after your program or another time in the future.

In the Road Scholar U.S. & Canada catalog:

Service Learning: Maintaining "Mighty Mo" in Pearl Harbor (#2617): Walk the decks of the historic USS Missouri – the "Mighty MO" – and feel its storied history as the site of the Japanese World War II surrender, a veteran of four wars, and the last battleship to be active in any navy in the world. On this 6-night program, become a part of the Mighty Mo's history as you join the ship's "Teak Crew" of this magnificent vessel.

Hawai`i's National Parks (#2810): A 15-night program in which participants visit national parks, historic sites, wildlife refuges, and state parks on five islands.

Hawai`i's Humpback Whales and Marine Environment - Maui (#12140): This 6-night program on Maui, Hawai`i's most popular island has a focus on Maui's humpback whales (Dec-Apr).

Adventure programs are for those who enjoy a more physically active program. Courses include hiking, kayaking, snorkeling, and surfing.

Hawaiian Water Adventure: An Intergenerational Marine Exploration (#4827): This 8-night active program will bring you and your grandchild to O`ahu for 5 nights and to Kona for 3 nights. Swim, surf, sail, and snorkel together and learn about Hawai`i's glorious undersea world and its bountiful ocean treasures.

Maui/Big Island Snorkeling (#18116): Explore Hawai`i's underwater world on this 9-night program with 5 nights on Maui followed by 4 nights in Kona

Paradise Adventure From Mountains to Sea - O`ahu/Maui/Kaua`i (#12294): An 11-night Adventure program with 3 - 4 nights on each island. Focus is on active exploration of Hawai`i's outdoor environment.

In the International Road Scholar catalog:

The Atacama Desert (Chile) & Easter Island: Different Worlds (#3892): Spend 20 days exploring Chile's natural beauty and Easter Island's awe-inspiring monoliths, the moai. This program focuses on the history & culture of the ancient peoples that inhabited these diverse lands.

Below and Above Blue Waters – Snorkeling and Exploring in Fiji (#17863): Learn about Fiji's spectacular coral reefs by snorkeling them and through classes provided by marine experts on this 12- night program. Savusavu is a wonderful easy place to snorkel with its clear warm waters, teeming fish and coral life.

NEW! Easter Island: The Majesty and Mystery of Rapa Nui (#16342): At the turn of the millennium, the island of Rapa Nui — later named Easter Island by a Dutch explorer — flourished with the communities of early Polynesians. Delve into their legacy and history on this 9-night

program as you explore Easter Island and relish in an opportunity to study the monolithic moai that still exist. Meet archaeologists and historians who study these ancient peoples as well as local residents who continue to call this sub-tropical island their home.

Documenting the Past: The Easter Island Archaeology Project (#16289): Join archaeologists and other researchers for a hands-on exploration of one of the world's most mysterious and fascinating places. Learn archaeological research techniques and contribute to a growing body of research to bring the mysteries of Rapa Nui into view.

Dive in and Discover: Snorkel Palau and Yap (#18535): Strung across the Western Pacific like a thousand green emeralds on a sea of blue are the islands of Micronesia, or "little islands." These islands are steeped in ancient traditions and fascinating legends, and also offer some of the best snorkeling in the world. Dive in and discover two of these sparkling gems — Palau and Yap on this 14-night program.

In the Adventures Afloat catalog:

Hawai'i on the Horizon: A Transpacific Voyage Into Island Culture and Nature (#16225): On this 16 day program, discover the treasures of this idyllic Hawai'i without the hassle of flying. Onboard lecturers lay the groundwork for your Hawaiian discoveries, as you voyage across the Pacific enjoying the amenities of a full-service ocean cruiser, Holland America's *MS Zaandam*. As you venture to Hawai'i Volcanoes National Park, the USS Arizona Memorial, Haleakala National Park and more, experts introduce the people and nature of Hawai'i and the fiery geology that sustains them.

Tropical Splendor: Exploring the Hawaiian Islands (#11513): Spend 3 nights on O'ahu followed by 7 nights on Norwegian Cruise Line's *Pride of America* visiting Maui, the Big Island (Hilo and Kona), Kaua'i, and studying Hawai'i's history, culture, natural environment, and people. Spend days in port and cruise at night.

Submarines, Volcanoes & Tropical Forests: Intergenerational Hawai'i (#12426): With 2 nights on O'ahu followed by 7 nights on Norwegian Cruise Lines' *Pride of America*, visit Maui, the Big Island (Hilo and Kona), and Kaua'i while studying Hawai'i's volcanoes, marine life, culture and traditions with your grandchild.

NEW! A Polynesian Adventure: The Society Islands, Tonga & Fiji (#20360): More than 1,000 years ago, brave navigators set out in ocean-going canoes to explore what lay beyond the horizon of the wide blue Pacific. Recreate their journey on this 17 night program in luxury aboard the *MS Paul Gauguin* as you venture to distinctive islands including the Society Islands, the remote Kingdom of Tonga and three Fijian isles.

NEW! Deep Into French Polynesia: Marquesas, Tuamotus & Society Islands (#20359): Journey through French Polynesia, beginning in Tahiti then sailing aboard the *MS Paul Gauguin* to the Tuamotus and an island so pristine it is considered a biosphere reserve. Explore the mist-covered Marquesas, discovering waterfalls, wild stallions, tiki sculptures and other delights. Plus embark on spectacular shore excursions in the Society Islands.

Following Captain Cook: The Cook Islands & Society Islands (#19387): On this 15- night South Pacific odyssey, spend 3 nights in Tahiti first and then set sail on the *MS Paul Gauguin* to discover the isle of Huahine, renowned for its spectacular rainforests, experience the unique majesty of the Cook Islands, then return to the Society Islands of French Polynesia for days in alluring Bora Bora, Tahaa, Moorea and Tahiti.

Intergenerational South Pacific: The Future of the Oceans (#19388): On this intergenerational adventure starting with 3 nights in Tahiti and then cruising for 7 nights to the French Polynesian islands of Bora Bora, Tahaa, Raiatea, and Moorea, you and your grandchild — or even three generations if their parent(s) wish to enroll — will have a hands-on, interactive experience of French Polynesia’s marine and island ecosystems. Explore coral reefs, hike rainforest trails and much more. This voyage on the *MS Paul Gauguin* is specially designed to be an exciting and memorable learning experience for all ages.

Heart of French Polynesia: Tahiti & the Society Islands (#19384): Spend your first 3 nights in Tahiti exploring and learning about French Polynesian culture. Then soak in nature’s beauty as you sail for 7 nights on the *MS Paul Gauguin* from Tahiti to the French Polynesian islands of Raiatea and its reef-bound lagoon, its companion island Tahaa, beautiful Bora Bora and Moorea.

Voyage Through French Polynesia: The Islands of Tahiti, Marquesas, And Tuamotu (#14177): Spend 13 days on the *Aranui* freighter, and 4-5 days in Tahiti exploring the archaeology, history, cultures, and natural history of this fascinating part of Polynesia.

French Polynesia Below the Surface: The Society Islands & Tuamotus (#19386): On this 14-night program, experience life below the waves in the Tuamotus, a snorkeler’s paradise where the warm, crystal-clear waters are home to rays, dolphins, sharks and brilliantly colored reef fish. Learn about life onshore in French Polynesia including Tahiti and two lesser-known isles, Huahine and Raiatea as you sail on the *MS Paul Gauguin*.

NEW! Connected Cultures: New Orleans and the Caribbean (#20409): New Orleans has been described as a city whose identity is as much Caribbean as it is American. Experience this cultural connection in the pounding drums, exciting flavors and unique celebrations of the Crescent City. Then explore the Caribbean for yourself during a voyage on a Norwegian cruise ship to ancient ruins and modern communities of Mexico, Belize and Honduras.

NEW! The Great West: California to Canada by Sea and the Rocky Mountaineer (#20450): Experience the majesty of the west on a journey up the coast by sea and through the Canadian Rockies by rail. Encounter First Nations people and Vancouver’s thriving Chinese community. Then take an incredible journey on the Rocky Mountaineer, a luxury train that operates during the day so you enjoy every spectacular view of the Rocky Mountains, lakes, forests and wildlife through its large picture windows.

If any of these programs interest you, please contact Road Scholar at (877) 426-8056 or www.road scholar.org for further information. PII Road Scholar can be reached at (808) 732-1999 or explorethepacific.com but other organizations in Hawai`i also offer Road Scholar Programs.

GENERAL ROAD SCHOLAR INFORMATION

INSURANCE

As explained in the “Welcome to Road Scholar” brochure that was included with your enrollment notice, your program cost includes the Road Scholar “Travel Assistance & Insurance Plan.” The primary purpose of this plan is to provide 24-hour assistance for medical and other emergencies. In addition, this plan provides insurance coverage in the event of accidental death or dismemberment. This plan also provides limited, supplemental, medical, and baggage insurance. Please read the Road Scholar brochure carefully to understand what is involved.

You should review your personal insurance policies and the scope of this insurance plan to determine whether, together, they provide adequate coverage for your individual needs. The Road Scholar “Travel Assistance & Insurance Plan” applies for the program dates published in the catalog or subsequent notices. Independent travel (before, during, or after the published program dates) is not covered.

ROLES AND RESPONSIBILITIES

Many people cooperate to make Road Scholar programs a success. Following are the roles and responsibilities of key organizations and individuals involved.

Program Coordinator: the organization(s) that develops and administers programs under Road Scholar guidelines. Your Program Coordinator is Pacific Islands Institute (PII). PII is responsible for the quality and performance of all program-related staff and for all program content and related activities.

Group Leader: the person who travels with, and oversees, the group throughout the program. The Group Leader accompanies the group during scheduled activities, assists with rooming, participant concerns, emergency situations, and provides assistance with logistics as needed to both participants and program staff. While well-informed, the group leader is not usually part of the program’s educational staff.

Educational Staff: lecturers are drawn from the local community on each island and are selected for their expertise on the subject area being studied, as well as for their communication skills. Lecturers have a wide range of backgrounds.

Road Scholar Participants: program participants also have certain responsibilities. We have endeavored to present sufficient information in the catalog and on Road Scholar’s website (www.roadscholar.org) for participants to make intelligent decisions as to which programs are suitable for your personal health condition and individual circumstances. These preparatory materials contain detailed information regarding academic and non-academic aspects of the program including health and safety considerations.

Since Road Scholar does not conduct screenings for fitness prior to enrollment, it is your responsibility as a participant to inquire about any aspects of the program that may be of doubt or concern and to consult your health care provider(s) as appropriate regarding your ability to deal with the demands involved. It is also your responsibility to prepare for the program by carefully reading the preparatory materials and following any recommendations.

ROAD SCHOLAR MISSION STATEMENT

Road Scholar is a non-profit organization committed to being the preeminent provider of high quality, affordable, educational opportunities for older adults. We believe learning is a lifelong process; sharing new ideas, challenges, and experiences is rewarding in every season of life.

Founded in 1975, Road Scholar programs were originally based on a few college and university campuses in New England. Today, Road Scholar annually serves hundreds of thousands of older adult students who travel to residential programs throughout the U.S. and the world. Our service programs provide opportunities to learn while volunteering in the public interest; and we support a network of independent community-based Institutes for Learning in Retirement.

Road Scholar participants come together as a group of individuals who share a common passion for learning. This love of learning for its own sake forms the basis for lasting friendships and provides a rich environment for intellectual and personal growth. In Road Scholar programs, and in the Road Scholar organization itself, learning is encouraged, people respect and listen to one another, and individual contributions are valued.

As we move into the future, Road Scholar will continue to set the highest standards for program value and service. We will provide innovative educational programming and expanded accessibility for an increasingly diverse, older, adult student population.

THE ROAD SCHOLAR SPIRIT

We believe learning is a lifelong process – that sharing new ideas, challenges, and experiences is rewarding in every season of life. Participants come together as an assortment of diverse individuals who share a passion for learning. This common bond creates a rich environment for intellectual and personal growth, a supportive group spirit, and opportunities for making new friends. Some important things to remember:

- Road Scholar is educational – hostellers are considered students, not tourists.
- Programs are not for credit but for the enjoyment of learning.
- There is no homework and no exams or grades.
- No special educational background is needed or required.

At the core of our programs are liberal arts courses designed to stimulate your thinking and increase your knowledge. In addition to background lectures and discussions, we also provide fascinating field trips, excursions, and enrichment activities for a balanced schedule of active learning and doing.

Our budgetary guidelines are to seek the best value at the best cost. Just as you will be sensitive towards other cultures and customs, we trust you will be adaptable with respect to meals and accommodations that may be quite different from what you are used to at home. Accepting and dealing positively with such differences will greatly enhance your appreciation of the experience.

You will also encounter a wonderful diversity of people in the group who may span several generations and get to know folks with distinctive histories, interests, and levels of physical ability. Wherever you fit into the mix, you will be respected as an “elder” in the best sense of the word – someone who has attained wisdom and a wealth of life experiences. For these reasons, we look forward to your full participation and the enrichment it will provide. Should you find that some activities are beyond your abilities, you have the option of relaxing on your own.

There will be some free time to pursue individual interests, take care of personal business, sightseeing on your own, shopping, laundry, etc. Because you are a vitally important part of Road Scholar, we ask that you undertake any independent touring or visiting friends/relatives either before or after the program.

Successful participants are friendly, active, adaptable; able to function independently and as members of the group; know how to deal flexibly with unexpected circumstances and changing conditions; are able to pace themselves and be tolerant of others who move at a different pace; and have a sense of humor. Having an attitude of openness towards new people, places, and customs may be the most significant factor in enjoying the program. On behalf of our staff and esteemed associates, best wishes for an outstanding adventure in lifelong learning!

SUGGESTED READING LIST

(Please note: Some of the books may be highly specialized and some libraries may not carry them. We recommend checking online sites like amazon.com to check if they are available for purchase.)

Daws, Gavan. *The Illustrated Atlas of Hawai`i*. Island Heritage.

Macdonald, G.A., A.T. Abbott, and F.L. Peterson. *Volcanoes in the Sea: The Geology of Hawai`i*. University of Hawai`i Press.

Oliver, Anthony Michael. *Recent & Historical Facts & Events in the 50th State*. Mutual Publishing.

Paradise Adventure from Mountains to Sea

Bascom, Howard. *Waves & Beaches*. Doubleday.

Brennan, Joseph L. *Duke - The Life Story of Duke Kahanamoku*. Ku Pa`a Publishing Inc.

Caldwell, Peter. *Adventurer's Hawai`i*. Taote Publishing.

Crawford, Peter. *Nomads of the Wind*. BBC Books.

Dowd, John. *Sea Kayaking*. Greystone Books. University of Washington Press.

Fielding, Ann. *Hawaiian Reefs and Tidepools*. Oriental Publishing Co.

Finney, Ben and Houston, James D. *Surfing - A History of the Ancient Hawaiian Sport*. Pomegranate Artbooks.

Hall, Sandra Kimberley & Ambrose, Greg. *Memories of Duke - The Legend Comes To Life*. The Bess Press.

Hemmings, Fred. *The Soul of Surfing is Hawaiian*. Sports Enterprises.

Krauss, Beatrice H. *Plants in Hawaiian Culture*. University of Hawai`i Press.

Kyselka, Will. *An Ocean in Mind*. University of Hawai`i Press.

Macdonald, G.A., and Will Kyselka. *Anatomy of an Island: A Geological History of Oahu*. B.P. Bishop Museum Special Publication #55.

MacLaren, James. *Learn To Surf*. Lyons & Burford.

Morgan, Joseph R. *Hawai`i A Unique Geography*. The Bess Press.

Smith, Robert. *Hawai`i's Best Hiking Trails*. A Hawaiian Outdoor Adventures Publication.

Stuhaug, Dennis. *Kayaking Made Easy*. The Globe Pequot Press.

Sutherland, Audrey. *Paddling My Own Canoe*. University of Hawai`i Press.

Timmons, Grady. *Waikiki Beachboy*. Editions Limited.

Zurick, David. *Hawai`i Naturally*. Wilderness Press.