

# ROAD SCHOLAR

*Adventures in Lifelong Learning*

## **Voyage Through French Polynesia: The Islands of Tahiti, Marquesas and Tuamotu**

### **Welcome Packet**

**Program # 14177  
January – December 2012**



PACIFIC  
ISLANDS  
INSTITUTE

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## Table of Contents

PROGRAM SUMMARY .....	1
PROGRAM GOALS .....	1
PROGRAM ITINERARY .....	1
PROGRAM STRUCTURE .....	1
MEDICAL CLEARANCE .....	3
CDC WEBSITE RECOMMENDATIONS.....	3
A SAFE TRIP ABROAD .....	4
REQUIRED INFORMATION FORMS.....	5
SUGGESTED READING .....	6
STUDY SITES: .....	6
TAHITI .....	6
ACCOMMODATIONS: LE ROYAL TAHITIEN HOTEL .....	7
MARQUESAS & TUAMOTU ISLANDS.....	7
GENERAL INFORMATION.....	9
PROGRAM ARRIVAL AND DEPARTURE POINT .....	9
ROOM ASSIGNMENTS .....	9
PROGRAM SCHEDULE.....	10
PII ROAD SCHOLAR PROGRAMS.....	12
GENERAL ROAD SCHOLAR INFORMATION .....	16
INSURANCE.....	16
ROLES AND RESPONSIBILITIES .....	16
ROAD SCHOLAR MISSION STATEMENT .....	17
THE ROAD SCHOLAR SPIRIT .....	18
SUGGESTED READING LIST.....	19



# ROAD SCHOLAR

Dear Road Scholar,

“Ia Orana” (WELCOME) to your Road Scholar program. We are delighted that you have enrolled in this exciting educational adventure that will take you to the Marquesas and look forward to greeting you. Most of the people who have participated in our previous programs have described them as “a once in a lifetime experience” or “a unique opportunity, not available to most South Pacific travelers.” If you arrive relaxed, with an open heart and mind, ready to learn, and willing to accept things operating on “local time” rather than exactly to schedule, you will enjoy a wonderful experience with some of the most polite, considerate, and friendly people in the world. The enclosed materials are designed to help you prepare for this very special learning experience.

Please take the time to read the following information thoroughly, as we have tried to include everything that has proven helpful to our participants in the past. These materials are also available online on our website. To access them, open your web browser and type [www.explorethepacific.com/14177.asp](http://www.explorethepacific.com/14177.asp)

This program is sponsored by Pacific Islands Institute. Pacific Islands Institute has been offering Road Scholar group programs in Hawai`i and the rest of the Polynesia, Melanesian, and Micronesian parts of the Pacific since 1989. Through its educational programs, Pacific Islands Institute is dedicated to providing positive cultural interactions; to ensuring our programs are culturally and environmentally sensitive; to involving local people in decision making; and to protecting, sustaining and respecting indigenous cultures and environments. For more information, visit our website at [www.explorethepacific.com](http://www.explorethepacific.com).

Should you have questions regarding this program, please contact the following organizations depending on the nature of your inquiry:

For registration and general questions:  
(9 am – 6 pm eastern time, Monday – Friday)

Road Scholar  
11 Avenue de Lafayette  
Boston, MA 02111  
Ph: (877) 426-8056  
Fax: (877) 426-2166  
[www.roadscholar.org](http://www.roadscholar.org)

Specific questions about program:  
(8:00 am – 5:00 pm Hawai`i standard time  
[2 – 6 hours behind North American  
time zones] Monday – Friday)

Road Scholar Program  
c/o Pacific Islands Institute  
3566 Harding Avenue, Suite #202  
Honolulu, HI 96816  
Ph: (808) 732-1999  
Fax: (808) 732-9555  
Email: [info@pac-island.com](mailto:info@pac-island.com)  
Web: [Explorethepacific.com](http://Explorethepacific.com)

Please be ready to give us your program destination and number when you call – e.g: 14177-020112, “The Voyage Through French Polynesia: The Islands of Tahiti, Marquesas, and Tuamotu”, as we have programs in many different locations.

For all matters relating to travel between your home and your international gateway, travel from your international gateway to your program country, or pre- or post-program travel plans, please contact Road Scholar’s designated *TRAVEL COORDINATOR*, our colleagues at:

Road Scholar Travel Services  
999 Putney Road  
P.O. Box 6179  
Brattleboro, VT 05302-6179  
Main Phone number: 802-254-6033  
Toll Free Number on International Programs: 800-241-1404  
travelinfo@Road Scholar.org

A substantial amount of information is included with this letter. May we suggest that you:

- 1- Read all of the information contained in this mailing;
- 2- Make your airplane reservations with Road Scholar Travel Services
- 3- Complete and mail your information forms to us;
- 4- Ensure that your passport is in order and **does not expire within six months** of your program’s departure date; and
- 5- Please mail a clear photocopy of the photograph and information page of your current passport to us, on an 8 ½” x 11” sheet of paper, with your information forms.

On behalf of everyone at Pacific Islands Institute as well as the people you will soon be meeting during the program, we extend our best wishes for a memorable and rewarding learning adventure.

‘A Hui Hou – Until we see you soon!



Andrew A. Lockwood  
PII Road Scholar Director

Enclosures: Program Information Welcome Packet  
Road Scholar Health & Safety Questionnaire  
Housing and Transportation Form

## **PROGRAM SUMMARY**

### **PROGRAM GOALS**

#### The Voyage Through French Polynesia: The Islands of Tahiti, Marquesas, and Tuamotu

The principal emphasis of this program will be the study of the ancient Polynesian people who settled Tahiti, the Marquesas and the Tuamotu islands focusing on their cultural heritage and their lives. We will explore issues about these areas that still challenge and perplex scholars. After Rapa Nui and other Polynesian islands were settled by voyagers from the Marquesas, did the early settlers have any contact with the inhabitants of Tahiti, the Marquesas or the Tuamotus? How do Thor Hyerdahl's "Kon Tiki" theories and the grounding of the raft in the Tuamotus balance with recent pollen studies, DNA research, and what is known about the skills of the early Polynesian navigators? What does the similarity of the stone construction methods of historic monoliths, temples, fortresses, and living and working areas, in these wide spread islands, tell us about the people of old and their cultures? As we meet and get to know the current residents of these islands in their villages, churches and schools, we will question how the ancient traditions have affected their contemporary lives. Our goal is to provide stimulating educational opportunities provided by indigenous instructors, guides, hosts, and friends; in-depth knowledge of the culture and environment of Tahiti, the Marquesas, and the Tuamotus, past and present; positive cultural interactions; and a life long interest in this fascinating part of the world. To provide the means for achieving our goals and a more thorough examination of our subject matter, we will study natural history, economics, agriculture, government, music, art forms and crafts of the areas, which will enable us to observe their similarities and analyze their differences. There will be guided field trips to facilitate investigation of the archaeological mysteries and environmental concerns, as well as opportunities to meet local residents where they live, learn and work. Classes held on the Aranui will vary with the guest lecturer's expertise and field trips are subject to the Aranui's schedule.

### **PROGRAM ITINERARY**

Arrival Papeete (Tahiti), 3 nights; coach to/board freighter for study cruise, 13 nights (Fakarava/Tuamotu Archipelago, Ua Pou, Nuku Hiva, Hiva Oa, Fatu Hiva, Hiva Oa, Tahuata, Ua Huka, Nuku Hiva/Marquesas Archipelago, Rangiroa/Tuamotu Islands); coach to Papeete, depart Papeete: 1 overnight return flight. Number of nights in Papeete varies based on freighter schedule. Study cruise itinerary may vary due to weather and local circumstances.

### **PROGRAM STRUCTURE**

From the wood carvings of the early inhabitants of the Marquesas, to that of Tahiti, and the Tuamotus, this program will introduce participants to an amazing variety of archaeological structures and artifacts of these ancient cultures. We will study what they tell us of the life at the time they were created and will discover the imprint of those times on society today. As we explore these beautiful, remote, and in many ways still untouched areas of the Pacific, and follow the journey of these Polynesian people from the past to the present, we will emphasize the archaeology, anthropology and traditions of the indigenous cultural groups; the contemporary life of their descendants; their government and economy and the natural history of each area.

We will focus on cultural interaction with instructors and hosts and work to further expand our knowledge through field studies to sites of interest. Most of the instructors will be local to the area being studied.

Among the classes offered will be: Introduction to French Polynesia; Education in the Marquesas; and Government and Economy. Classes on many other subjects of interest will also be offered. Field trips are meant to provide experiences to enhance classroom learning and will include visits to archaeological sites, cultural centers, museums, schools and villages. In addition, other educational activities such as nature walks and town visits will round out the program. Please note that all classes and field trips are subject to change.

Our goal has been to arrange a stimulating academic program on your behalf in the South Pacific, and many of the island people have worked hard to provide you with insight into their lives and culture. Your attendance at all scheduled events is very much encouraged, not only to increase your understanding but because a smaller than anticipated group can be insulting to the local people. If you do not participate in scheduled events, you are on your own for food and transportation. The vast majority of Road Scholars have found that there is much to learn from the people with whom they meet. You will have ample opportunity to delve more deeply into their culture than the typical “tourist.”

Traveling in the South Pacific is a unique experience. Our plans generally run very smoothly, but sometimes things do not happen “on time” and occasionally may not happen at all! Despite our best efforts, you may encounter “local time,” which is an explanation for things happening when people are ready, but not necessarily as soon as we are. All over the world, people march to the beat of a different drummer so please be patient. Culturally, Polynesians are not typically time focused. They do understand schedules but do not value sticking to specific timing in the way most people from North America do. Your program will be a marvelous learning experience if approached openly and with a positive attitude. If and when things do not happen according to the schedule, just flow with “local time.”

### **HEALTH, SAFETY & PHYSICAL CONSIDERATIONS**

The seasons in the Southern Hemisphere are the reverse of those in the Northern Hemisphere. Therefore, when it is Winter in North America, it is Summer in most of the South Pacific. We may encounter higher temperatures and possible 90% humidity in Tahiti, the Marquesas, and the Tuamotus. While the Pacific Ocean in French Polynesia is usually fairly calm, this is not always the case. We strongly urge you to **consult your doctor** regarding the most appropriate type of sea sickness medication for you should you be affected. The most effective remedies for those with this problem on our most recent trip seemed to be *Transderm Scop* patches, which are worn behind the ear and are available by prescription only, or *Meclazine* tablets which are sold over the counter. Another option to consider is the wristbands that work through pressure points. Ginger candy can also help. We recommend that you bring an alternate remedy in case the first one does not work for you. We do not want anyone’s voyage to be ruined by an upset stomach.

**This program is rated Activity Level 5.** Participants must be in good health, mobile and able to participate in 3-5 hours of physical activity per day, the equivalent of walking up to five miles at a 2.5-mph pace over uneven ground.

Because of the nature of this program, **agility** is a must. **Participants should be in good health, able to stand comfortably for 30 minutes at a stretch, and walk at least one mile in heat and humidity.** Please be aware that one mile on flat land at home is less strenuous than one mile in a very warm and humid environment. (For example, if a cane is required for steadiness while

walking, participants may be unable to experience certain parts of the program.) Sidewalks are virtually non-existent in most areas and uneven terrain will be encountered everywhere. On many field trips our transportation will drive on unpaved roads which can be very bumpy. Physical activities include walking (and hiking for those who desire), sometimes on slippery trails; maneuvering your way through rain forests over roots and rocks to approach archaeological sites; going up hills, some stairs on board the Aranui, and climbing in and out of the back of trucks and up and down the gangway of the Aranui into 30 person whaleboats. (You will be assisted by two strong sailors at the bottom of the gangway, who will pass you over to another two on the whaleboat, who will help you get seated). If balance is ever a problem, we urge you to bring a collapsible cane with you. Swimming and snorkeling will be available and encouraged in French Polynesia. Pools are available at land locations and on the freighter.

### **MEDICAL CLEARANCE**

The U.S. Center for Disease Control (CDC) bulletin states that no special immunizations or medical precautions are required prior to travel to Micronesia . However, if you have not already done so, we would highly recommend that you visit your family doctor and follow his/her recommendations, as he/she knows your personal medical history and current physical conditions best.

### **CDC WEBSITE RECOMMENDATIONS**

The following is excerpted and reprinted from the CDC Website:

The CDC recommends (but does not require) the following vaccines as appropriate for age: (See your doctor at least 4–6 weeks before your trip to allow time for shots to take effect.)

- Hepatitis A or immune globulin (IG);
- Hepatitis B
- Rabies
- Typhoid, particularly if you are visiting developing countries; and
- As needed, booster doses for tetanus-diphtheria, and a one-time dose of polio for adults.

### **You can reduce your chances of getting sick or injured while traveling by following these recommendations:**

- Wash hands often with soap and water.
- Use sunscreen with both UVA and UVB protection.
- Prevent mosquito and other bug bites by wearing long-sleeved shirts and long pants; apply insect repellent to exposed skin. You may want to use insect repellents that contain DEET with a concentration of 30%-50%.

### **What to Pack in Your Personal Travel Health Kit**

- Insect repellent containing DEET (diethylmethyltoluamide), in 30%–50% strength for adults.
- Over-the-counter antidiarrheal medicine to take if you have diarrhea.
- Sun block, sunglasses, and hat or visor.
- Prescription medications: make sure you have enough to last during your trip, as well as a copy of the prescription(s).

As the country we will be visiting is located in the tropics, you should take care that any cuts or insect bites don't become infected. We recommend that you take some antiseptic powder to keep any cuts clean. It seems to work better than ointment in this humid climate.

**For more travel health information:**

View CDC's Travelers' Health Website at <http://www.cdc.gov/travel>, or call CDC's toll-free voice information system at 1-877-FYI-TRIP. You can also download or order a copy of the CDC booklet *Health Information for International Travel (the "Yellow Book")*.

There are pharmacies, hospitals, and medical personnel everywhere we are going, although access to medical services is limited in some rural areas. Bring your prescription drugs AND a copy of the prescription, as well as hearing aid batteries or glasses prescriptions, if necessary. Bring a pain reliever, laxative, antibiotic ointment, Band-Aids, and either kapectate, lomitol, or imodium. Please also bring your medical insurance card. Your Group Leader carries a first aid kit.

**A SAFE TRIP ABROAD**

*(Excerpted From U.S. State Department General Notes)*

Millions of U.S. citizens travel abroad each year. The odds are in your favor that you will have a safe and incident-free trip. But crime and violence, as well as unexpected difficulties, do befall U.S. citizens in all parts of the world. Safety begins when you pack. To avoid being a target, dress conservatively. A flashy wardrobe or one that is too casual can mark you as a tourist. Avoid the appearance of affluence. Carry the minimum amount of valuables necessary and plan a place or places to conceal them. Your passport, cash and credit cards are safest when locked in a hotel safe. When you carry them on your person, you may wish to conceal them in several places rather than putting them in one wallet or pouch. Avoid hand bags, fanny packs, and outside pockets which are easy targets for thieves. Inside pockets and a sturdy shoulder bag with the strap worn across your chest are somewhat safer. The safest place to carry valuables is probably a pouch or money belt that you wear under your clothing.

When you leave the U.S., you are subject to the laws of the country where you are. Learn as much as you can about the local laws and customs of the places you plan to visit. Use the same common sense traveling overseas that you would in an unknown city at home. Be especially cautious in crowded subways, train stations, elevators, tourist sites, market places, festivals, and marginal areas of cities. Don't use short-cuts, narrow alleys, or poorly-lit streets. Try not to travel alone at night. Avoid public demonstrations and other civil disturbances. To avoid scam artists, beware of strangers who approach you offering bargains or to be your guide. Beware of pickpockets. They often have an accomplice who will jostle you, ask you for directions or the time, or distract you by creating a disturbance. Beware of groups of vagrant children. *(This is very rare in the South Pacific; however, be aware of your surroundings in crowded places.)*

Wear the shoulder strap of your bag across your chest and walk with the bag away from the curb to avoid drive-by purse snatchers. Try to seem purposeful when you move about. Even if you are lost, act as if you know where you are going. When possible, ask directions only from individuals in authority. Do not be afraid to alert authorities if you feel threatened in any way. If

your possessions are lost or stolen, report the loss immediately to the local police. Keep a copy of the report for insurance claims. At all times take responsibility for your own safety.

### **UNITED STATES DEPARTMENT OF STATE STEP (SMART TRAVELER ENROLLMENT) PROGRAM**

We would like to suggest that you consider using the Smart Traveler Enrollment Program (STEP), a free service provided by the U.S. Government to U.S. citizens who are traveling to, or living in, a foreign country. STEP allows you to enter information about your upcoming trip abroad so that the Department of State can better assist you in an emergency. STEP also allows Americans residing abroad to get routine information from the nearest U.S. embassy or consulate. US citizens can submit their travel information via the STEP website at <https://travelregistration.state.gov> or by emailing them at [CAIBRS@state.gov](mailto:CAIBRS@state.gov) if you have questions.

### **REQUIRED INFORMATION FORMS**

Please be sure to fill out your enclosed Housing/Transportation and Health/Safety Forms. A Risk Waiver is also required for each participant. Those participants traveling together may complete one general Housing/Transportation Form. **However, each program participant must complete a separate Health and Safety Questionnaire. Please send these forms in as soon as possible and no later than 4 weeks prior to your arrival.**

Please provide all details that would be important in the case of an emergency or that could affect your participation in the program. For your health and safety please understand that accurate and complete responses are essential. These forms will be kept on hand with your Group Leader during your program.

When filling out the Housing and Transportation form, **you must print your name exactly as listed on your passport**. There will be a separate space to indicate your “preferred name” for use on nametags and other program materials.

**Please send the enclosed forms and any letters requesting further information to:**

Road Scholar Program  
c/o Pacific Islands Institute  
3566 Harding Ave., Suite 202  
Honolulu, Hawai`i 96816  
Fax: (808) 732-9555  
Email: [info@pac-island.com](mailto:info@pac-island.com)

**Do not send your travel and emergency information forms to Road Scholar in Boston, as this will significantly delay processing.**

If you do not already have a valid passport and must apply for one, please do so immediately and do not wait to send in your forms. You may send us your passport information, once you receive it. Passport application forms can be obtained at your local post office or online at [www.travel.state.gov/passport/](http://www.travel.state.gov/passport/)

## **SUGGESTED READING**

A bibliography of recommended reading materials is included at the back of this packet to enhance your enjoyment of the program. Please check your local library and bookstores for additional titles.

## **STUDY SITES:**

The educational program is at the heart of your Road Scholar experience and this section will provide a more detailed outline of what is planned at each study site. Because you will be experiencing a country that is very different from the U.S., we have also provided numerous details about accommodations and meals. International Road Scholar programs are developed very far in advance, so please be aware that the schedule may be modified due to local circumstances and conditions. You'll receive a day-by-day itinerary in the final program packet sent approximately six weeks before departure and an updated schedule during the initial orientation session.

All of our sites offer laundry services and a safe or safety deposit boxes at the front desk. Communication via telephones is available in Tahiti and via radio on the Aranui freighter. Transportation is in small vans, busses, and 4WD vehicles. Lodging is provided at hotels and on a freighter that are open to the general public, so participants will encounter other travelers at each site.

The meals included in your program cost provide more than sustenance. They also provide an opportunity to enhance your appreciation and enjoyment of other countries and cultures. Meals will consist of local foods prepared according to local tastes. Road Scholar regrets that special dietary requests cannot be guaranteed.

## **TAHITI**

French Polynesia, composed of 118 islands, is spread over 1.5 million square miles of the Pacific Ocean. Located halfway between Honolulu, Hawai'i and Auckland, New Zealand, French Polynesia's territory includes the Society, Austral, Tuamotu, Gambier, and Marquesas archipelagos. Current estimates suggest French Polynesia was first settled around 300 A.D. Westerners arrived in the 16th century. Over 80% of French Polynesia's 270,000 people are Polynesians, with the rest being primarily European and Chinese. Roughly 3/4 of the total population lives on the island of Tahiti, where Papeete, the capital and only city in French Polynesia, is located. French Polynesia is officially a French overseas country, but the islanders have universal suffrage and an Assembly of French Polynesia. The French Government can dissolve the Assembly and French soldiers and civil servants can vote from the day they arrive in French Polynesia. The main languages of the Society Islands are French and Tahitian, but many islanders speak English. Most French Polynesians are Christian, with Protestant (55%) and Roman Catholic (30%) being the largest religions. Most islanders are multicultural due to the strong French influence on the lifestyle. The island of Tahiti is the site of the country's only international airport. Since transportation difficulties, unreliable service, and distance make all archipelagoes other than the Society Islands difficult to visit, over 98% of visitors only spend time in the Society Islands. These islands include Tahiti, Moorea, Huahine, Raiatea, Bora Bora, and Maupiti. This program will focus on the Marquesas, Tuamotu and Tahiti. The climate is

temperate year-round with average tropical temperatures ranging from 63-89° F. Tahiti was born of two ancient volcanoes. French Polynesia's largest island, it comprises a fourth of the entire land area. Farms and quaint towns contrast with the capital, Papeete that bustles with cafes, street vendors, the municipal market, and les roulottes (dockside dinner wagons). The island people, a blend of Polynesian, European, and Chinese, embody island hospitality with a French accent.

Lectures cover history, politics, education, economics, and what lies ahead for this country. We take field trips to cultural and historical sites, through Tahitian villages, the Gauguin Museum, and the Museum of Tahiti and Her Islands. During town excursions, we explore the market and sample local fare.

### **ACCOMMODATIONS: Le Royal Tahitien Hotel**

Hotel accommodations in Tahiti will be in air-conditioned rooms, double occupancy with either twin beds or a queen bed, and private bathroom. The hotel has two floors with steps only to the second floor. The property has an expansive lawn and lush garden traversed by a small stream, a swimming pool, a Jacuzzi and a waterfall cascading over rocks. The hotel has its own beach, a stretch of deep black sand from which its suburban neighbors fish and swim.

Most meals will be served from set menus in the hotel dining room. There will also be meals off-property while on excursions that will include picnic lunches or at restaurants. Alcoholic beverages may be purchased on your own.

## **MARQUESAS & TUAMOTU ISLANDS**

### **The Marquesas archipelago**

The Marquesas Islands, named by its people ʻIte Henau Enanaʻi (Land of the Men), consist of six inhabited islands and six smaller unpopulated islands. The twelve rugged and isolated volcanic islands of the Marquesas archipelago are situated in the north of French Polynesia, near the equator, approximately 810 miles North-East of Papeete, Tahiti. Their total land area, almost 400 square miles, is roughly equivalent to the total land area of Tahiti and Moorea islands combined. The absence of protective reefs has resulted in steep cliffs, prevented the formation of coastal plains, and inhibited road transportation which is not possible around any of the islands. The high central ridges are split by narrow fertile valleys and cascading waterfalls. They are lush with tropical flowers and fruits teeming with bird life and have made this archipelago a place of great beauty.

France helps support the Marquesas, providing the basics of modernization, from schools to rustic roads. Beneath these civilized trappings, a wild pulse still leaps in the streams and the fierceness of the old religion which remains alive in the ruins and tikis half devoured by jungle.

The number of current residents hovers around 11,000. We will be making stops at six of the Marquesas Islands that are populated. They are: Ua Pou, Nuku Hiva, Hiva Oa, Tahuata, Fatu Hiva, and Ua Huka.

## **THE TUAMOTU ARCHIPELAGO**

The Tuamotu are the largest group of coral atolls in the world and lie scattered across an area of ocean approximately 375 miles wide and 750 miles in length. They are located between 186 and 933 miles from Papeete, Tahiti. Of the 78 atolls, only 45 are inhabited islands housing around 19,000 people. Part of the reason for this is the lack of entrances through the reef, to the lagoons, on forty-seven of the atolls. An atoll is a sunken volcano, where only the hard coral reef is left after erosion has eaten the soft volcanic stone. Somewhat circle shaped an atoll has a lagoon surrounded by various size islands and islets, "motus". The total land area of the Tuamotu is only 280 square miles, while the reefs of the atolls contain approximately 2,320 square miles of sheltered lagoon waters. To sailors, the Tuamotu are known as "The Dangerous Archipelago" or "The Labyrinth," because of their variable currents, sudden storms, poor navigational charts and the wrecks that litter their reefs.

Our voyage will stop at two of the atolls, Takapoto and Fakarava. Takapoto is only 10 miles long and has a population of about 500 people living in Fakatopaterere. It is on this atoll that we will have our opportunity to study black pearl "farming." The island of Fakarava is the second biggest atoll in Polynesia - a 60 km by 25 km rectangle - and has one main village, Rotoava, in the Northeast part of the atoll near the 1 km wide Ngarue Pass. This protected atoll together with its six neighbouring islands makes up a UNESCO classified nature reserve, which is the proof of the richness of the ecosystem of these atolls, including especially rare flora and fauna such as the hunting king fisher. Fakarava has a population of 700 inhabitants.

### **ACCOMMODATIONS: Aboard the working freighter, *Aranui 3***

Housing on board the *Aranui* freighter will be double occupancy in the "Standard A cabin" category. Standard A cabins are all outside cabins with windows or portholes, are air-conditioned, have two lower berths, and private facilities, including a shower.

Along with 2,000 tons of cargo, the *Aranui* hosts a max of 200 passengers on each trip, at least 50% of whom are French citizens. There are also German passengers as well as a small number of Americans, and a few Islanders returning home by deck passage. Intermingling of passengers is expected. The ship is very comfortable and has amenities such as a swimming pool, 2 video rooms, 2 sun decks, a bar, a lounge and library where coffee and tea are always available, a self-service laundry, and a pleasant dining room. T-shirts are okay. Each cabin is equipped with 220 volt, 50 cycle AC, so you will need an adapter if you are bringing your own personal appliances. The ship's store contains a variety of supplies, food items and souvenirs. While on board you may use traveler's checks, American Express, Mastercard, or VISA. Local currency is the French Pacific Franc (CFP). Traveler's checks can be cashed on board. Lock boxes are available in each cabin, but neither Pacific Islands Institute nor the *Aranui* can accept responsibility for your money or possessions. The onboard telephone and fax is recommended for emergency use only, as it is an extremely expensive satellite service, but it is no problem to use public telephones on the islands, with the purchase of a phone card from the local post office.

While it is highly unlikely to occur, if weather conditions or other unexpected events require us to spend one or more additional nights on board, you will be responsible for your own additional expenses. The *Aranui* is, first and foremost, a working freighter, so the departure dates, ports of call, and cruise duration are subject to change.

Classes held on and sponsored by the *Aranui* will vary with the guest lecturer's expertise and field trips are subject to the *Aranui*'s schedule. Most meals will be served in an informal, family-style setting in the ship's dining room. There will also be meals off-property while on excursions that will include picnic lunches or at restaurants. Alcoholic beverages may be purchased on your own.

## GENERAL INFORMATION

### PROGRAM ARRIVAL AND DEPARTURE POINT

The program begins and ends at the gate at the Los Angeles International Airport. Your Group Leader will meet you either in Los Angeles or upon arrival in Tahiti. At the end of the program, the Group Leader will see you off at the airport in Papeete for your return flight to Los Angeles or fly with you back to Los Angeles.

### ROOM ASSIGNMENTS

**Participants traveling together will be housed together. Those traveling independently will be paired and housed two to a room unless registered for a single room.** You will, of course, be with your requested roommate. If you registered with Road Scholar for single occupancy you will be assigned a single room at the hotel and aboard the ship. Couples will generally be assigned a room/cabin with one bed unless otherwise specified on the Housing & Transportation Form. All others will be assigned a room/cabin with two beds unless otherwise specified. Please note that we will do our best to obtain your preferred bedding arrangements, however, there are no guarantees. Rooms will be assigned randomly.

## PROGRAM SCHEDULE

This *SAMPLE* outline is intended to give you a general idea of how program events are scheduled. The order of elements and island visits may vary from program to program. You will receive a daily schedule from your group leader when the program begins.

### DAY 1

Evening Overnight Flight- In transit from Los Angeles – Dinner on board

### DAY 2

Morning Arrive Tahiti, check in hotel, breakfast and lunch at leisure  
Free morning to rest

Afternoon Orientation & Introductions  
Class: “Introduction to French Polynesia”  
Social Hour

Evening Dinner

### DAY 3

Morning Breakfast  
Field Trip: Musee de Tahiti

Afternoon Picnic Lunch  
Field Trip: Walking tour of Papeete Open Market

Evening Dinner

### DAY 4

Morning Breakfast  
Board the Aranui  
Depart for Fakarava, Tuamotu Islands

Afternoon Lunch

Evening Dinner

### DAY 5

Morning Breakfast  
Field Trip: Snorkeling and beach exploration on Fakarava

Afternoon Lunch on the Aranui  
Possible Mini Class

Evening Dinner  
Sail to Ua Pou, Marquesas

### DAY 6

Morning Breakfast  
Class at sea

Afternoon Lunch  
Class at sea

Evening Dinner

### DAY 7

Morning Breakfast  
Excursion: Hakahau town

Afternoon Marquesan style Lunch

Evening Dinner

### DAY 8

Morning Breakfast  
Field Trip: Nuku Hiva exploration- Taiohae

Afternoon Picnic Lunch  
Field Trip continues

Evening Dinner

### DAY 9

Morning Breakfast  
Arrive Hiva Oa  
Field Trip: “The Life of Paul Gauguin” – The Gauguin Museum and his burial site

Afternoon Lunch at a local restaurant  
Sail to Tahuata

Evening Field Trip: Vaitahu village  
Dinner

<b>DAY 10</b>		<b>DAY 14</b>	
Morning	Breakfast Field Study: Omoa Village, Fatu Hiva – The art forms of the Marquesas	Morning	Breakfast Free time to explore Taiohae Class: Visit a small Marquesan museum
Afternoon	Lunch Sail to Hanavave Demonstration: “Monoï” making	Afternoon	Lunch Sail for Hakahau, Ua Pou
Evening	Dinner	Evening	Dinner
<b>DAY 11</b>		<b>DAY 15</b>	
Morning	Breakfast Field Trip: Hiva Oa – Meae Ipona (the ancient temple) in Puamau	Morning	Breakfast Class at sea
Afternoon	Lunch Field Trip: Hanaiapa village	Afternoon	Lunch Class at sea
Evening	Dinner	Evening	Dinner
<b>DAY 12</b>		<b>DAY 16</b>	
Morning	Breakfast Field Trip: Visit the village of Hapatoni	Morning	Breakfast Field Trip: Snorkeling and beach exploration on Rangiroa
Afternoon	Barbeque picnic Lunch Field Trip continues: Hapatoni	Afternoon	Picnic Lunch Field Trip continues Depart for Tahiti
Evening	Dinner	Evening	Dinner
<b>DAY 13</b>		<b>DAY 17</b>	
Morning	Breakfast Field Trip: Ua Huka – The Community Museum of Ua Huka, Papuakeikala Valley Arboretum, Hane and Hokatu	Morning	Breakfast Disembark the Aranui Field Trip: Circle Tahiti Nui
Afternoon	Lunch at a local restaurant Field Trip continues: Optional hike to Meaiaute meae or swim	Afternoon	Lunch Field Trip continues
Evening	Dinner	Evening	Dinner Depart for airport after dinner
		<b>DAY 18</b>	
			In Transit – return to Los Angeles

Please note: Every effort has been made to ensure the accuracy and completeness of this information at the time of printing. Itineraries are based on our best information at this time. Circumstances beyond our control may require us to adjust itineraries or other details. We regret any inconvenience this may cause and appreciate your understanding.

## **PII ROAD SCHOLAR PROGRAMS**

Pacific Islands Institute also offers other Road Scholar Programs in Hawai`i and the South Pacific. You may wish to consider one of these before or after your program or another time in the future.

### **In the Road Scholar U.S. & Canada catalog:**

**Service Learning: Maintaining "Mighty Mo" in Pearl Harbor (#2617):** Walk the decks of the historic USS Missouri – the "Mighty MO" – and feel its storied history as the site of the Japanese World War II surrender, a veteran of four wars, and the last battleship to be active in any navy in the world. On this 6-night program, become a part of the Mighty Mo's history as you join the ship's "Teak Crew" of this magnificent vessel.

**Hawai`i's National Parks (#2810):** A 15-night program in which participants visit national parks, historic sites, wildlife refuges, and state parks on five islands.

**Hawaii's Humpback Whales and Marine Environment - Maui (#12140):** This 6-night program on Maui, Hawai`i's most popular island has a focus on Maui's humpback whales (Dec-Apr).

*Adventure programs are for those who enjoy a more physically active program. Courses include hiking, kayaking, snorkeling, and surfing.*

**Hawaiian Water Adventure: An Intergenerational Marine Exploration (#4827):** This 8-night active program will bring you and your grandchild to O`ahu for 5 nights and to Kona for 3 nights. Swim, surf, sail, and snorkel together and learn about Hawai`i's glorious undersea world and its bountiful ocean treasures.

**Maui/Big Island Snorkeling (#18116):** Explore Hawai`i's underwater world on this 9-night program with 5 nights on Maui followed by 4 nights in Kona

**Paradise Adventure From Mountains to Sea - O`ahu/Maui/Kaua`i (#12294):** An 11-night Adventure program with 3 - 4 nights on each island. Focus is on active exploration of Hawai`i's outdoor environment.

### **In the International Road Scholar catalog:**

**The Atacama Desert (Chile) & Easter Island: Different Worlds (#3892):** Spend 20 days exploring Chile's natural beauty and Easter Island's awe-inspiring monoliths, the moai. This program focuses on the history & culture of the ancient peoples that inhabited these diverse lands.

**Below and Above Blue Waters – Snorkeling and Exploring in Fiji (#17863):** Learn about Fiji's spectacular coral reefs by snorkeling them and through classes provided by marine experts on this 12- night program. Savusavu is a wonderful easy place to snorkel with its clear warm waters, teeming fish and coral life.

**NEW! Easter Island: The Majesty and Mystery of Rapa Nui (#16342):** At the turn of the millennium, the island of Rapa Nui — later named Easter Island by a Dutch explorer — flourished with the communities of early Polynesians. Delve into their legacy and history on this 9-night program as you explore Easter Island and relish in an opportunity to study the monolithic moai that still exist. Meet archaeologists and historians who study these ancient peoples as well as local residents who continue to call this sub-tropical island their home.

**Documenting the Past: The Easter Island Archaeology Project (#16289):** Join archaeologists and other researchers for a hands-on exploration of one of the world's most mysterious and fascinating places. Learn archaeological research techniques and contribute to a growing body of research to bring the mysteries of Rapa Nui into view.

**Dive in and Discover: Snorkel Palau and Yap (#18535):** Strung across the Western Pacific like a thousand green emeralds on a sea of blue are the islands of Micronesia, or “little islands.” These islands are steeped in ancient traditions and fascinating legends, and also offer some of the best snorkeling in the world. Dive in and discover two of these sparkling gems — Palau and Yap on this 14-night program.

**In the Adventures Afloat catalog:**

**Hawaii on the Horizon: A Transpacific Voyage Into Island Culture and Nature (#16225):** On this 16 day program, discover the treasures of this idyllic Hawai`i without the hassle of flying. Onboard lecturers lay the groundwork for your Hawaiian discoveries, as you voyage across the Pacific enjoying the amenities of a full-service ocean cruiser, Holland America's *MS Zaandam*. As you venture to Hawaii Volcanoes National Park, the USS Arizona Memorial, Haleakala National Park and more, experts introduce the people and nature of Hawai`i and the fiery geology that sustains them.

**Tropical Splendor: Exploring the Hawaiian Islands (#11513):** Spend 3 nights on O`ahu followed by 7 nights on Norwegian Cruise Line's *Pride of America* visiting Maui, the Big Island (Hilo and Kona), Kaua`i, and studying Hawai`i's history, culture, natural environment, and people. Spend days in port and cruise at night.

**Submarines, Volcanoes & Tropical Forests: Intergenerational Hawai`i (#12426):** With 2 nights on O`ahu followed by 7 nights on Norwegian Cruise Lines' *Pride of America*, visit Maui, the Big Island (Hilo and Kona), and Kaua`i while studying Hawai`i's volcanoes, marine life, culture and traditions with your grandchild.

**NEW! A Polynesian Adventure: The Society Islands, Tonga & Fiji (#20360):** More than 1,000 years ago, brave navigators set out in ocean-going canoes to explore what lay beyond the horizon of the wide blue Pacific. Recreate their journey on this 17 night program in luxury aboard the *MS Paul Gauguin* as you venture to distinctive islands including the Society Islands, the remote Kingdom of Tonga and three Fijian isles.

**NEW! Deep Into French Polynesia: Marquesas, Tuamotus & Society Islands (#20359):** Journey through French Polynesia, beginning in Tahiti then sailing aboard the *MS Paul Gauguin* to the Tuamotus and an island so pristine it is considered a biosphere reserve. Explore the mist-covered Marquesas, discovering waterfalls, wild stallions, tiki sculptures and other delights. Plus embark on spectacular shore excursions in the Society Islands.

**Following Captain Cook: The Cook Islands & Society Islands (#19387):** On this 15- night South Pacific odyssey, spend 3 nights in Tahiti first and then set sail on the *MS Paul Gauguin* to discover the isle of Huahine, renowned for its spectacular rainforests, experience the unique majesty of the Cook Islands, then return to the Society Islands of French Polynesia for days in alluring Bora Bora, Tahaa, Moorea and Tahiti.

**Intergenerational South Pacific: The Future of the Oceans (#19388):** On this intergenerational adventure starting with 3 nights in Tahiti and then cruising for 7 nights to the French Polynesian islands of Bora Bora, Tahaa, Raiatea, and Moorea, you and your grandchild — or even three generations if their parent(s) wish to enroll — will have a hands-on, interactive experience of French Polynesia's marine and island ecosystems. Explore coral reefs, hike rainforest trails and much more. This voyage on the *MS Paul Gauguin* is specially designed to be an exciting and memorable learning experience for all ages.

**Heart of French Polynesia: Tahiti & the Society Islands (#19384):** Spend your first 3 nights in Tahiti exploring and learning about French Polynesian culture. Then soak in nature's beauty as you sail for 7 nights on the *MS Paul Gauguin* from Tahiti to the French Polynesian islands of Raiatea and its reef-bound lagoon, its companion island Tahaa, beautiful Bora Bora and Moorea.

**Voyage Through French Polynesia: The Islands of Tahiti, Marquesas, And Tuamotu (#14177):** Spend 13 days on the *Aranui* freighter, and 4-5 days in Tahiti exploring the archaeology, history, cultures, and natural history of this fascinating part of Polynesia.

**French Polynesia Below the Surface: The Society Islands & Tuamotus (#19386):** On this 14- night program, experience life below the waves in the Tuamotus, a snorkeler's paradise where the warm, crystal-clear waters are home to rays, dolphins, sharks and brilliantly colored reef fish. Learn about life onshore in French Polynesia including Tahiti and two lesser-known isles, Huahine and Raiatea as you sail on the *MS Paul Gauguin*.

**NEW! Connected Cultures: New Orleans and the Caribbean (#20409):** New Orleans has been described as a city whose identity is as much Caribbean as it is American. Experience this cultural connection in the pounding drums, exciting flavors and unique celebrations of the Crescent City. Then explore the Caribbean for yourself during a voyage on a Norwegian cruise ship to ancient ruins and modern communities of Mexico, Belize and Honduras.

**NEW! The Great West: California to Canada by Sea and the Rocky Mountaineer (#20450):** Experience the majesty of the west on a journey up the coast by sea and through the Canadian Rockies by rail. Encounter First Nations people and Vancouver's thriving Chinese community. Then take an incredible journey on the Rocky Mountaineer, a luxury train that operates during

the day so you enjoy every spectacular view of the Rocky Mountains, lakes, forests and wildlife through its large picture windows.

If any of these programs interest you, please contact Road Scholar at (877) 426-8056 or [www.road scholar.org](http://www.road scholar.org) for further information. PII Road Scholar can be reached at (808) 732-1999 or [explorethepacific.com](http://explorethepacific.com) but other organizations in Hawai`i also offer Road Scholar Programs.

## GENERAL ROAD SCHOLAR INFORMATION

### INSURANCE

As explained in the “Welcome to Road Scholar” brochure that was included with your enrollment notice, your program cost includes the Road Scholar “Travel Assistance & Insurance Plan.” The primary purpose of this plan is to provide 24-hour assistance for medical and other emergencies. In addition, this plan provides insurance coverage in the event of accidental death or dismemberment. This plan also provides limited, supplemental, medical, and baggage insurance. Please read the Road Scholar brochure carefully to understand what is involved.

You should review your personal insurance policies and the scope of this insurance plan to determine whether, together, they provide adequate coverage for your individual needs. The Road Scholar “Travel Assistance & Insurance Plan” applies for the program dates published in the catalog or subsequent notices. Independent travel (before, during, or after the published program dates) is not covered.

### ROLES AND RESPONSIBILITIES

Many people cooperate to make Road Scholar programs a success. Following are the roles and responsibilities of key organizations and individuals involved.

Program Coordinator: the organization(s) that develops and administers programs under Road Scholar guidelines. Your Program Coordinator is Pacific Islands Institute (PII). PII is responsible for the quality and performance of all program-related staff and for all program content and related activities.

Group Leader: the person who travels with, and oversees, the group throughout the program. The Group Leader accompanies the group during scheduled activities, assists with rooming, participant concerns, emergency situations, and provides assistance with logistics as needed to both participants and program staff. While well-informed, the group leader is not usually part of the program’s educational staff.

Educational Staff: lecturers are drawn from the local community on each island and are selected for their expertise on the subject area being studied, as well as for their communication skills. Lecturers have a wide range of backgrounds.

Road Scholar Participants: program participants also have certain responsibilities. We have endeavored to present sufficient information in the catalog and on Road Scholar’s website ([www.roadscholar.org](http://www.roadscholar.org)) for participants to make intelligent decisions as to which programs are suitable for your personal health condition and individual circumstances.

Since Road Scholar does not conduct screenings for fitness prior to enrollment, it is your responsibility as a participant to inquire about any aspects of the program that may be of doubt or concern and to consult your health care provider(s) as appropriate regarding your ability to deal with the demands involved. It is also your responsibility to prepare for the program by carefully reading the preparatory materials and following any recommendations.

## **ROAD SCHOLAR MISSION STATEMENT**

Road Scholar is the new name for the programs developed and offered by Elderhostel, Inc., the not-for-profit world leader in lifelong learning since 1975. Our mission is to empower adults to explore the world's places, peoples, cultures and ideas, and in so doing to discover more about themselves. A fellowship of learning and the joy of discovery are the hallmarks of the Road Scholar experience.

Road Scholar programs bring together instructors and participants from diverse backgrounds to foster dynamic interaction, engaging discourse and warm camaraderie. In a world that seems to shrink smaller by the day because of technology, we believe that true insight and understanding are still sparked by hands-on experience and open discussions that stimulate the senses, energize the body and challenge the mind. We are committed to continually developing new program destinations, topics and formats to reflect the shifting realities and emerging trends of our ever-changing world.

## THE ROAD SCHOLAR SPIRIT

We believe learning is a lifelong process – that sharing new ideas, challenges, and experiences is rewarding in every season of life. Participants come together as an assortment of diverse individuals who share a passion for learning. This common bond creates a rich environment for intellectual and personal growth, a supportive group spirit, and opportunities for making new friends. Some important things to remember:

- Road Scholar is educational – participants are considered students, not tourists.
- Programs are not for credit but for the enjoyment of learning.
- There is no homework and no exams or grades.
- No special educational background is needed or required.

At the core of our programs are liberal arts courses designed to stimulate your thinking and increase your knowledge. In addition to background lectures and discussions, we also provide fascinating field trips, excursions, and enrichment activities for a balanced schedule of active learning and doing.

Our budgetary guidelines are to seek the best value at the best cost. Just as you will be sensitive towards other cultures and customs, we trust you will be adaptable with respect to meals and accommodations that may be quite different from what you are used to at home. Accepting and dealing positively with such differences will greatly enhance your appreciation of the experience.

You will also encounter a wonderful diversity of people in the group who may span several generations and get to know folks with distinctive histories, interests, and levels of physical ability. Wherever you fit into the mix, you will be respected as an “elder” in the best sense of the word – someone who has attained wisdom and a wealth of life experiences. For these reasons, we look forward to your full participation and the enrichment it will provide. Should you find that some activities are beyond your abilities, you have the option of relaxing on your own.

There will some free time to pursue individual interests, take care of personal business, sightseeing on your own, shopping, laundry, etc. Because you are a vitally important part of Road Scholar, we ask that you undertake any independent touring or visiting friends/relatives either before or after the program.

Successful participants are friendly, active, adaptable; able to function independently and as members of the group; know how to deal flexibly with unexpected circumstances and changing conditions; are able to pace themselves and be tolerant of others who move at a different pace; and have a sense of humor. Having an attitude of openness towards new people, places, and customs may be the most significant factor in enjoying the program. On behalf of our staff and esteemed associates, best wishes for an outstanding adventure in lifelong learning!

## SUGGESTED READING LIST

***(Please note: Some of the books may be highly specialized and some libraries may not carry them. We recommend checking online sites like amazon.com to check if they are available for purchase.)***

### **Highly Recommended**

Chester, Sharon and Heidy Baumgartner, et al. *Mave Mai, The Marquesas Islands*.

*May be ordered from "Wandering Albatross" 724 Laurel Avenue, #211, San Mateo, CA 94401; Tel/Fax: (650) 342-6507 \*\*\*Out of print\*\*\**

Crocombe, Ron. *The South Pacific: An Introduction*. Sixth Revised Edition. University of the South Pacific. Suva, Fiji. 2001.

Daws, Gavan. *A Dream of Islands: Voyages of Self Discovery in the South Seas*. W.W. Norton & Company. New York. 1980.

*Well written chapters on various famous 19<sup>th</sup> century men who experienced French Polynesia and the Pacific such as Herman Melville, Robert Louis Stephenson, and Paul Gauguin.*

Heyerdahl, Thor. *Fatu-Hiva: Back to Nature*. Doubleday. New York. 1974.

*A account of Heyerdahl's first encounter with Polynesia, which was his honeymoon in 1937 on the island of Fatu Hiva where he and his wife attempted to live off the land. A classic tale of a European's attempt to survive on a remote Polynesian island, but not to be used as a reference work for Marquesan culture and society. Available in paperback and in libraries.*

Melville, Herman, *Typee: A Peep at Polynesian Life*. Penguin Books, USA. 1996.

*A classic tale based on the encounters of Melville with Marquesans, first published in 1846.*

Suggs, Robert C. *The Hidden Worlds of Polynesia*. Harcourt, Brace, and World. New York. 1962.

*An exciting account by the archeologist who uncovered major settlements on Nuku Hiva. Thorough and clear explanation of the archeological process of discovery. Out of print but sometimes found in used book stores.*

### **Culture**

D'Alleva, Anne. *Art of the Pacific*. Everyman Library. London. 1998.

*Best short and most comprehensive account of the arts of the Pacific. See particularly chapter 1 for New Guinea art.*

Dark, J.C. and Roger C. Rose, Eds. *Artistic Heritage in a Changing Pacific*. University of Hawaii Press. Honolulu, Hawaii. 1993.

*Twenty-two diverse papers address various aspects of preserving artistic heritage and commuting that heritage to modern times.*

Guiart, Jean. *The Arts of the South Pacific*. Golden Press. New York. 1963.

Kirch, Patrick Vinton. *The Lapita Peoples: Ancestors of the Oceanic World*. Oxford. Blackwell. 1997.

*Scholarly and thorough explanation of Lapita culture, out of which was born Polynesian culture in Samoa and Tonga. Highly technical.*

Bremond, Hubert et al. *French Polynesia: A Book Of Selected Readings*. University of the South Pacific. Suva, Fiji. 1988.

Meyer, Anthony J.P. *Oceanic Art*. Knickerbocker Press. New Jersey. 1995.

*An astonishing wealth of little-known art of Melanesia, Polynesia and Micronesia s showcased in this revelatory survey, stunningly illustrated with some 800 lavish color plates.*

Oliver, Douglas L. *Oceania: The Native Cultures of Australia and the Pacific Islands*. (2 volumes). University of Hawaii Press. Honolulu, Hawaii. 1989.

*Two volume general survey of what is known or theorized about the traditional societies and cultures of Melanesia, Micronesia, and Polynesia. Provides summaries of the theories and interpretations of anthropologists who have studied Pacific cultures.*

Thomson, Belinda. *Gauguin by himself*. Little, Brown & Company. Boston, Massachusetts. 1993.

*This unique book is the first to give equal weight to Gauguin's activities, both as an artist and a writer, providing rare insight into his intractable character and uncompromising ideals. Includes over 230 reproductions of the artist's most powerful and decorative works of art, as well as rare letters to his wife and friends, including fellow painters Pissarro and Van Gough.*

## **History**

Alexander, Caroline. **THE BOUNTY: THE TRUE STORY OF THE MUTINY ON THE BOUNTY**. (New York, Viking, 2003). Reconstructs what happened by using the trial documents.

Bellwood, Peter. *The Polynesians: Prehistory of an Island People*. Thames & Hudson. London. 1978.

*Largely out of date now, this was at one time the best short summary of Pacific archeology and the meaning of the archeological finds. Has now been superseded by Patrick Kirch, listed below.*

Borofsky, Robert. *Remembrance of Pacific Pasts: An Invitation to Remake History*. University of Hawaii Press. Honolulu. 2000.

*Organized around the major topics in Pacific history, such as the dynamics of contract, the colonial experience and post-colonial politics, this anthology provides on each of these questions the varied answers of historians, anthropologists, and indigenous voices.*

Dening, Greg. *Mr. Bligh's Bad Language: Passion, Power, and Theatre on the Bounty*. Cambridge University Press. Cambridge. 1994.

*One of the best and most thorough books on European contact with the South Pacific and the history of the Bounty that is set in the context of Tahiti and Europe in the later 18<sup>th</sup> century. Despite the odd title, this is a good read.*

Denoon, Donald. *The Cambridge History of the Pacific Islanders*. Cambridge University Press. Cambridge. 1997.

*A reference work history of Pacific islanders, with each chapter examining a different major question. Represents the Australian interpretation of Pacific history, influenced by the scholars at Australian National University, the major center for Pacific research.*

Diamond, Jared. *Guns, Germs, and Steel: The Fate of Human Societies*. W.W. Norton & Company. New York. 1997. Chapter 17 "Speedboat to Polynesia: the History of the Austronesian Expansion"

*Well written up-to-date short account of Polynesian settlement.*

Ferndon, Edwin. *Early Tahiti as the Explorers Saw It 1767-1797*. University of Arizona. Tucson, Arizona. 1981.

*Well-written description of life in Tahiti at the time of contact with Europeans in the late 18<sup>th</sup> century. Draws on the journals of major explorers and navigators. Useful as reference work to learn more about ancient Tahiti after your own trip to the islands.*

Kirch, Patrick Vinton. *On the Road of the Winds: An Archeological History of the Pacific Islands*. University of California Press. Berkeley. 2000.

*This is the most complete and up-to-date general account of the settlement of the Pacific. Based upon archeological findings, it summarizes and reports upon the most significant recent research.*

Krauss, Bob. *Keneti: South Seas Adventures of Kenneth Emory*. University of Hawaii Press. Honolulu, Hawaii. 1988.

*Readable biography of the anthropologist-archeologists who established the links between Tahiti and Hawaii. Highly recommended for those who enjoy accounts of archeologists and the significance of their work.*

Lal, Brij V., and Fortune, Kate. *Pacific Islands: An Encyclopedia*. University of Hawaii Press. Honolulu, Hawaii. 2000.

*A thorough and up-to-date reference work on just about every topic related to the Pacific islands, from geology to history and politics and from Papua New Guinea to Rapanui.*

Lamb, Jonathan et al. *Exploration and Exchange: A South Seas Anthology, 1680-1900*. University of Chicago Press. Chicago. 2000.

*Anthology of first hand and vivid accounts of encounters between Europeans and Pacific islanders, including Cook, Wallis, Mariner, Mark Twain, and Robert Louis Stevenson.*

MacLellan, Nic and Chesneaux, Jean. *After Moruroa: France in the South Pacific*. Ocean Press. 1998.

*The most recent overview history of the French in the South Pacific, from the arrival of Bougainville in Tahiti in 1768, with full treatment of nuclear testing, its impact, and its aftermath in French Polynesia.*

Stevenson, Robert Louis. *In the South Seas*. Penguin Classics. London. 1999.

*A travel account of Stevenson's voyage by yacht through the Tuamotus and the Marquesas in 1888-90.*

Wheeler, Tony. *Tahiti and French Polynesia*. Lonely Planet Publications. Berkeley, California. 1997

Williams Milcairns, Suzanne. **NATIVE STRANGERS: BEACHCOMBERS, RENEGADES AND CASTAWAYS IN THE SOUTH SEAS**. (New York: Penguin, 2006).

Withey, Lynne. *Voyages of Discovery: Captain Cook and the Exploration of the Pacific*. University of California Press. Berkeley. 1989.

*There are many biographies of Cook and editions of his own accounts of the voyages, but this is the most readable short account, based upon a careful reading of his journals*

### **Contemporary Society**

Bell, Gavin. *In Search of Tusitala: Travels in the Pacific after Robert Louis Stephenson*. Picador. London. 1994.

*Travels in the footsteps of RLS through the modern Pacific, including Tahiti and the Marquesas.*

Crocombe, Ron. *The Pacific Way: An Emerging Identity*. Lotu Pasifika Productions. Suva, Fiji. 1976.

Crocombe, Ron. *The Pacific Islands and the USA*. East West Center. Honolulu, Hawaii. 1995.

*Documents the growth of Pacific Island interaction with the USA to the pinnacle of involvement in World War II where it remained high until the mid d1980s, the author feels that while the USA will remain significant to the islands its relative profile will continue to decline in the near future.*

Finney, Ben. *Voyages of Rediscovery: A Cultural Odyssey Through Polynesia*. University of California Press. Berkeley. 1994.

*Most complete and best written account of the rediscovery of traditional navigation methods in modern times, and a first hand account (Finney was on board) of voyages into the Pacific from Hawaii on the Hokule`a.*

Firth, Stewart. *Nuclear Playground*. University of Hawaii Press. Honolulu, Hawaii. 1987.

Henningham, Stephen. *France and the South Pacific – A Contemporary History*. University of Hawaii Press. Honolulu, Hawaii. 1992.

*After reviewing the French presence in the South Pacific until WWII, Henningham examines the recent history and politics of the three French Pacific territories before analyzing the often tense relations between France and the independent South Pacific countries.*

Kyselka, Will. *An Ocean in Mind*. University of Hawaii Press. Honolulu, Hawaii. 1987.  
*As director of the planetarium at Bishop Museum, the author taught and worked with Nainoa Thompson who became the chief navigator of the Hawaiian long-distance canoe who voyaged through the Pacific after 1976 using traditional navigation and sailing by the stars. Includes clear descriptions of Pacific navigation by stars.*

McMurtry, Larry. *Paradise*. Simon & Schuster. May 2001.  
*By the Pulitzer Prize winning author of Lonesome Dove. A first hand account of his 1999 voyage aboard the Aranui.*

Thomas, Stephen D. *The Last Navigator*. Henry Holt. New York. 1987.  
*An account of a visit to the Micronesian island of Satawal, home of Mau Pialug who was the "last navigator" who came to Hawaii and navigated the Hokule`a to Tahiti in 1976. Explains the traditional methods of navigation that were still used in Micronesia in the 1980s.*

### **Maritime History of the Pacific and the Ways in which Pacific Peoples Used and Related to the Ocean:**

D'Arcy, Paul THE PEOPLE OF THE SEA (Honolulu: University of Hawaii Press, 2008). Australian perspective on islanders and the sea. Author is a professor at Australia National University.

Hau'ofa, Epeli, WE ARE THE OCEAN (Honolulu, University of Hawaii Press, 2008). A classic example of a Pacific islander perspective on how they view themselves and their history. Explains the way in which indigenous islanders see their islands as a sea of islands, all connected to each other with the ocean as a highway, rather than the outsider concept of "islands in a far sea" , all remote and disconnected from each other. Author is interested in balancing the dominant Western view of islands with their own perspectives. He is Tongan and a professor at University of South Pacific and author of two comic novels about life in Tonga.

### **Polynesian Navigation & Settlement of the Pacific:**

Howe, K.R. (ed.), VAKA MOANA, VOYAGES OF THE ANCESTORS: THE DISCOVERY AND SETTLEMENT OF THE PACIFIC. (Honolulu, University of Hawaii Press, 2007. Large format and expensive; it brings together in one place all the recent scholarship on origins, settlement, and navigation.

Finney, Ben, SAILING IN THE WAKE OF THE ANCESTORS. (Honolulu: Bishop Museum Press, 2003) Best short account of the restoration of Polynesian navigation by long-distance canoe in our time. Author was a leader in that restoration and took part in the voyages of the Hawaiian canoe, Hokule'a.

### **Pacific Traditional Art, Handicrafts & Carving:**

Hooper, Steven, PACIFIC ENCOUNTERS: ART AND DIVINITY IN POLYNESIA, 1760-1860. (Honolulu, University of Hawaii Press, 2006) Excellent photos of traditional arts and explanations of their meaning and relationship to indigenous religion.

Kuchler, Susanne and Were, Graeme. PACIFIC PATTERNS. (London: Thames and Hudson, 2005) A beautiful large format book of photos and explanations of patterns found in Pacific arts, including architecture, mats, tapa, jewelry, etc. Explains what it is that visitors encounter and encourages visitors to see and understand recurring patterns.

### **Fiction**

Brooks, Peter. *World Elsewhere: A Novel*. Simon and Schuster. New York. 1999.

*A novel of an 18<sup>th</sup> century European's encounter with native people and culture set in Tahiti at the time of Cook's visit in 1769. Well-written.*

Jones, Lloyd, MISTER PIP (New York, Dial Press, 2007). Set in Melanesia (on Bougainville island) and winner of the Commonwealth Prize for best fiction.

The novels of Celestine Vaite about growing up and contemporary family life in Tahiti: TIARE IN BLOOM (NY, Back Bay, 2007) and BREADFRUIT (NY: Bantam Books, 2000).

### **Viewing**

Crawford, Peter. *Nomads of the Wind*. (BBC video) BBC Books. London. 1993.

*Video and book about the natural and cultural history of Polynesia.*

### **Internet**

Aranui III (freighter)

[www.aranui.com](http://www.aranui.com) (official Aranui website)

Tahiti Visitors Bureau

[www.tahiti-tourisme.com](http://www.tahiti-tourisme.com) (Tahiti, Marquesas, Tuamotus)

*We are eager to keep our resources up to date. Please let us know if you have suggestions or comments.*

We would also like to suggest that you check with your local library *National Geographic* index to find the many issues of this magazine which may contain interesting articles relating to Tahiti, the Marquesas and Tuamotu islands and their natural history, cultures, traditions and history.