ROAD SCHOLAR

Adventures in Lifelong Learning

Hawai`i National Parks: Islands of Life in the Pacific Hawai`i, Maui, Moloka`i, Kaua`i & O`ahu

Welcome Packet

Program # 2810 January – March 2012



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ROAD SCHOLAR

Aloha!

Welcome to the **Hawai'i National Parks: Islands of Life in the Pacific** Road Scholar Program. We are delighted that you will be joining us and believe that you will have a wonderful time on our beautiful islands. Mark Twain once described Hawai'i as "the loveliest fleet of islands anchored in any ocean." America's 50th State, with a land size of Massachusetts, contains national parks and wildlife refuges on each of the five major islands. These parklands protect and preserve unique, unusual geological and biological features and highlight the rich, diverse natural and cultural heritage of Hawai'i's land and its people. (*See Map of the Hawaiian Islands*, page 15).

This 16-day, 15-night program features national parks, historic sites, wildlife refuges, and state parks on five Hawaiian Islands. Beginning on the largest island, Hawai`i, you will travel the island chain north to Maui, Moloka`i, Kaua`i, and O`ahu. The program includes field trips and inter-island flights. To best experience each site, there will be some walking each day (one to two miles) on park trails, through rain forests, and on cooled lava flows, with elevation ranging from sea level to 10,000 feet.

Please take the time to read the following information thoroughly, as we have tried to include everything that has proven helpful to our participants in the past. You will receive one final packet of information approximately 4 weeks prior to your arrival. These materials are also available online on our website. To access them, simply open your web browser and type www.explorethepacific.com/2810.asp

This program is sponsored by Pacific Islands Institute and the The Moloka'i Museum and Cultural Center. Our lecturers are experts in their specific fields of interests and/or docents It will be held at the **Kilauea Military Camp (KMC) & Outrigger Keauhou Beach Resort** on the island of Hawai'i, the **Maui Beach Hotel** on the island of Maui, the **Hotel Moloka'i** on the island of Moloka'i, the **Aloha Beach Hotel Kaua'i** on the island of Kaua'i and the **Waikīkī Resort Hotel** on the island of O'ahu.

Pacific Islands Institute (PII) has been offering Road Scholar group programs in Hawai`i and the rest of the Polynesia, Melanesian, and Micronesian parts of the Pacific since 1989. Through its educational programs, Pacific Islands Institute is dedicated to providing positive cultural interactions; to ensuring our programs are culturally and environmentally sensitive; to involving local people in decision making; and to protecting, sustaining and respecting indigenous cultures and environments. For more information visit our website, www.explorethepacific.com

The Moloka'i Museum and Cultural Center is home to an authentically restored sugar mill and listed on the National Register of Historic Places. The mill is the oldest mill in Hawai'i and has been restored to operating condition. Rudolph Meyer, an immigrant from Germany, began as a surveyor in Molokai in 1848. He married the Molokai high chieftess, Kalama and managed the land now knows as the Molokai Ranch. In 1878 he built the Meyer Sugar Mill. It utilized mule-power and a

steam engine to crush and process the sugar cane. The family home and the family cemetery are located on the grounds and is still owned by Rudolph's descendants.

Should you have questions regarding this program, please contact the following organizations depending on the nature of your inquiry:

For registration and general questions:

(9 am - 6 pm eastern time, Monday - Friday)

11 Avenue de Lafayette Boston, MA 02111 Ph: (877) 426-8056 Fax: (877) 426-2166

www.roadscholar.org

Road Scholar

Specific questions about program:

(8:00 am – 5:00 pm Hawai`i standard time [2 – 6 hours behind North American time zones] Monday – Friday)

Road Scholar Program c/o Pacific Islands Institute 3566 Harding Avenue, Suite #202

Honolulu, HI 96816 Ph: (808) 732-1999 Fax: (808) 732-9555

Email: info@pac-island.com
Web: Explorethepacific.com

As we get closer to the time of your program, you will receive a final packet containing a sample itinerary of your program, emergency contact information, and other helpful information.

Mahalo ("thank you") for selecting this program for your Road Scholar experience. We are confident that you will have a wonderful time. We look forward to making your visit in Hawai'i relaxing, pleasurable, and intellectually stimulating.

Aloha,

Andrew A. Lockwood

PII Road Scholar Director

Andrew A. Tophwood

Enclosures: Health and Safety Form

Housing and Transportation Form

Hilo Hawaiian Hotel Advance Registration Form

PROGRAM SUMMARY

PROGRAM GOALS

Hawai'i National Parks: Island Life in the Pacific

Follow the journey of Pele, Hawai'i's volcano goddess, from Kilauea's current eruption in Hawai'i Volcanoes National Park, to Haleakala on Maui for a bird's-eye view into the volcanic crater, enjoying black sand beaches, stunning waterfalls and fascinating remnants of ancient Hawai'i along the way. Then on to Kalaupapa, on Molokai's peninsula, where Father Damien ministered to Hansen's Disease patients; then to Kauai where you will see Waimea, the "Grand Canyon of the Pacific," and watch seabirds soar over the lighthouse and cliffs. End your stay in bustling Waikīkī, including a visit to the USS Arizona, a moving memorial to the bombing of Pearl Harbor. Led by former park rangers and local cultural historians you will gain unique insider perspectives as you experience Hawai'i's flora, fauna, and cultural history while you explore beautiful and fascinating national parks, national historic parks and sites, national wildlife refuges, and state parks on five of the major Hawaiian islands.

PROGRAM ITINERARY

Independent arrivals in Hilo (ITO), 1 nights; drive to Volcano, 3 nights, drive to Kona, 2 nights; fly to Maui, 3 nights; fly to Molokai, 3 nights; fly to Kaua`i, 2 nights; fly to O`ahu, 2 nights; independent depart from Honolulu (HNL) after breakfast on last day. Inter-island transfers included; most ground transportation in A/C buses.

PROGRAM STRUCTURE

Lectures are in association with Pacific Islands Institute & The Moloka`i Museum and Cultural Center. Our lecturers are experts in their specific fields of interests and/or docents. For most visits, you will be able to take photos and record your experience.

HEALTH, SAFETY & PHYSICAL CONSIDERATIONS

Please consult with your physician about the physical demands of the program and your participation in it well before departure. If you have any questions or concerns about aspects of the program in regards to your health, please contact the PII Road Scholar office.

This program is rated Activity Level 4. Participants must be able to climb a few flights of stairs and walk on uneven surfaces up to two miles at a 2.0 mph pace over the course of the day.

REQUIRED INFORMATION FORMS

Please be sure to fill out your enclosed Housing/Transportation and Health/Safety Forms. Those participants traveling together may complete one general Housing/Transportation Form. However, each program participant must complete a separate Health / Safety Questionnaire. Please send these forms as soon as possible and no later than 4 weeks prior to your arrival.

Please provide all details that would be important in the case of an emergency or that could affect your participation in the program. For your health and safety please understand that accurate and complete responses are essential. These forms will be kept on hand with your Group Leader during your program.

When filling out the Housing and Transportation form, <u>you must print your name exactly as listed</u> <u>on the I.D. you will be using for airline check-ins</u>. If you have a middle name or initial listed on

your I.D., please include it on the form as airlines have become stricter about enforcing the exact name policy. We will use this name when processing your inter-island airline tickets. If your tickets do not match with the name as listed on your I.D., you will be assessed a fee by the airlines. There will be a separate space to indicate your "preferred name" for use on nametags and other program materials.

Please send the enclosed forms and any letters requesting further information to:

Road Scholar Program c/o Pacific Islands Institute 3566 Harding Ave., Suite 202 Honolulu, Hawai`i 96816

Fax: (808) 732-9555

Email: info@pac-island.com

Do not send your travel and emergency information forms to Road Scholar in Boston, as this will significantly delay processing. We can also be reached by phone, fax, or e-mail as noted in the Welcome letter of this packet.

SUGGESTED READING

A bibliography of recommended reading materials is included at the back of this packet to enhance your enjoyment of the program. We have included a list of books and publications on different aspects of Hawai`i that we will study and explore. Please check your local library, bookstores, or the internet for additional titles.

STUDY SITES

INDEPENDENT ARRIVALS & DEPARTURES TO HAWAI'I

Important: Most of the major airlines fly to Hawai`i. However, direct flights to Hilo (ITO) from the mainland may be limited. You may have a connecting flight through Honolulu (on O'ahu). If you are making your own plans, look for the best fare and schedule. Be sure to check for possible senior fares or discounts available through the different airlines.

Please remember that your program begins on the island of Hawai`i and ends on a different island, O`ahu. You will be responsible for making your own travel reservations to Hawai`i and for your return flight from O`ahu. For planning, you should make flight reservations to arrive at Hilo Airport on Hawai`i (ITO) and to depart from Honolulu on O`ahu (HNL). We suggest that you schedule your flight to Hilo to arrive at least an hour before the 1:30 pm shuttle bus leaving Hilo Airport for Hawai`i Volcanoes National Park. On the last day of the program, we recommend scheduling your departure from Honolulu International Airport after 10:00 am if flying out that day. If you require an interisland flight, there are three interisland airlines available: Hawaiian Airlines (800) 367-5320 (website: www.hawaiianair.com), Island Air (800) 323-3345) (website: www.islandaircom), and go! Airlines (888) 435-9462 (website: www.iflygo.com).

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You may want to check the websites of specific airlines, travel websites such as orbitz.com and expedia.com or your local travel agent for flights to Hawai`i. If you need assistance making your air travel, you may contact the Road Scholar Travel Coordinator Office at: Road Scholar Travel

Services, 800-854-3418, Monday through Friday, 9AM to 6PM Eastern Time or via email to travelinfo@roadscholar.org

Please check with your specific air provider as to what the luggage restrictions are for your flights to and from Hawai`i and if any additional fees are associated with them. Participants are responsible for paying these fees.

Should you plan to arrive early or to stay longer after your program concludes, we have included, for your convenience, hotel information, rates, and booking information in the pre-post program accommodations section of this packet.

INTER-ISLAND GROUP FLIGHTS

Please also note that your program tuition includes the inter-island flights from Hawai`i to Maui to Moloka`i to Kaua`i and to O`ahu. You do not need to make reservations for these inter-island flights as we have taken care of this for you. All participants need a valid government-issued Photo I.D. to board the inter-island flights. The name on your ticket must match EXACTY as it is written on your I.D., including your middle name or initial if relevant.

Due to the changing climate of the airline industry, there may be fees for checked luggage during inter- island flights during the program. These fees are not part of the program tuition and are not included in the program cost. Participants are responsible for paying luggage fees for inter-island flights.

It is typically possible to collect airline mileage credit for your inter-island flights, which will be on either Hawaiian Airlines, Island Air, or go! Airlines. Hawaiian Airlines is currently affiliated with the frequent flier programs of American, Continental Airlines, Delta Airlines, US Airways, United Airlines, and Virgin Atlantic. Island Air is currently affiliated with Continental Airlines, Hawaiian Airlines and United Airlines. Affiliations are subject to change without notice. You must request the mileage at the check-in counter before each flight. We regret that Road Scholar and Pacific Islands Institute are unable to assist you if you do not claim your mileage credit at the time of flight check-in.

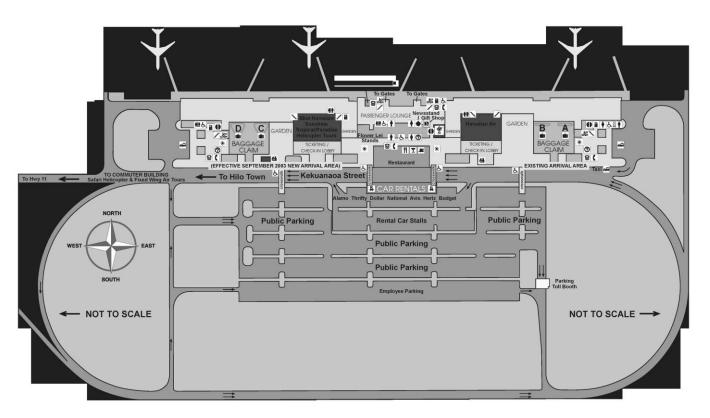
HAWAI'I – THE BIG ISLAND

While all the islands are unique in their own special way, the Big Island of Hawai`i is the only one with an active volcano! Hawai`i's Big Island has spectacular contrasts...the mighty volcanoes Mauna Loa (13,679 feet) and Kilauea, lofty snow clad Mauna Kea (13,796 feet), the Kau Desert, gorgeous waterfalls, the Puna Fern Forest, and the colorful orchids of Hilo. The island grows sugar, coffee, cattle, and macadamia nuts. Landmarks include Hawai`i Volcanoes National Park, Kealakekua Bay, Kailua-Kona, Kawaihae, Parker Ranch, and Waipio Valley. Despite being the largest and youngest of the islands, the island's population is relatively small at almost 185,000 people.

ARRIVAL: Hilo Airport (ITO)

Hilo International Airport ITO serves the Island of Hawai'i - also referred to as the "Big Island" - the least populated and the largest island in the Hawaiian island chain, whose main attraction is the Kilauea Volcano and its pristine beaches.

The Airport is located two miles east of Hilo, Hawai'i - on the Big Island's rainy eastern shore. Hilo. It is a small airport that in addition to mainland airlines also serves inter-island airlines



go! and Island Air, and Hawaiian Airlines.

Unlike the "mainland" (continental USA), hotels in Hilo do not provide a complimentary shuttle from the airport to the Hilo hotels. After you have claimed your luggage, you will find there are many taxi cab companies that service Hilo International Airport. The designated exclusive taxi lane for queuing is in front of the Baggage Claim Area. Approximate taxi rate is \$3.00 flip + \$.30 per 1/8th mile + \$.30 per minute for waiting time + \$1.00 per bag. (Subject to change)

There will be a full orientation after dinner at Kīlauea Military Camp so be prepared for a long day, especially if you are flying from the east coast. We recommend participants arrive one or more days before the program begins. This gives them a chance to get adjusted to the time change (6 hour difference between the EST and Hawai`i Standard time) and to see more of Hilo and other parts of the Big Island that are not included in the program.

ACCOMMODATIONS: Kīlauea Military Camp

This historic mountain-top property is located inside Hawai'i Volcanoes National Park, on Crater Rim Drive, yards from the summit caldera of Kilauea. It features newly renovated mountain cabins, general store, post office, laundromat, gas station, fire & ambulance personnel. Note that

they offer 1 queen bed in the bedroom and a sofabed that pulls out to a double in the living room, and recreation facilities.

ACCOMMODATIONS: Outrigger Keauhou Beach Resort

This oceanfront setting overlooking tide pools invites you to explore with gentle sea turtles and the swim and snorkel at Kahalu`u Bay beckons you to swim and snorkel. The hotel features a small beach with snorkeling area, a spa, swimming pool, and tennis courts. Hotel amenities include ATM, concierge services, bars/cocktail lounges, coin-operated laundry, complimentary trolley to Keauhou Shopping Village and Kona town, elevators, fitness center, gift/apparel/sundries store, Kalona Spa, laundry/dry cleaning valet, luggage storage, reception desk 24 hours, swimming pool, tennis courts and parking (\$7 per day). Each room has air conditioning, private bath, shower, coffee maker, radio/alarm clock, refrigerator, hair dryer, internet access, iron, ironing board, safe, phone, and television. For additional information on the Outrigger Keauhou Beach Resort, visit www.outrigger.com

MAUI

Maui, the "Valley Isle", produces sugar, pineapple, cattle, and horses. The 10,023-foot Haleakalā is the largest dormant volcano crater in the world. Lahaina was Hawai`i's capital before 1845 and still retains the atmosphere of an old whaling town. Nearby are the Ka`anapali and Wailea resort areas and golf courses. Hana and `Īao Valley draws many visitors. The island has a population of almost 150,000 people.

ARRIVAL: Kahului Airport (OGG)

After departing from Kona's inter-island terminal, the group will arrive at Kahului Airport, Maui's main airport. You will be transported by bus to the program site.

ACCOMMODATIONS: Maui Beach Hotel

This "kama'āina" (local) property is located on the harbor side of Ka'ahumanu Avenue in Kahului, Maui. The hotel has two stories and offers air-conditioned guest rooms with one queen or two double beds, private bathroom, color television, direct dial telephone, a refrigerator, and an in-room safe. The hotel has a swimming pool and pool deck. As it is located on a "harbor" beach, swimming is not recommended here. The town of Kīhei (a 30 minute drive) has several swimming beaches. There is free parking at the hotel, daily housekeeping service, a coin operated laundry, and a sundry shop. There is a large shopping mall across the street. For additional information on the Maui Beach Hotel, visit www.mauibeachhotel.net

MOLOKA'I

Built from two distinct volcanoes known as East Moloka'i and the much smaller West Moloka'i, this island is one of the least developed in the state's archipelago and is still home to traditional loko, or fish ponds, built along the reefs to catch and keep fish for easy harvest.

ARRIVAL: Moloka'i Airport (MKK)

After departing from Maui's inter-island terminal, the group will arrive at Moloka'i Airport. You will be transported to the program site.

ACCOMMODATIONS: Hotel Moloka'i

The only hotel on the island, it has charming A-frame architecture with Polynesian style decor, ocean front detached cottages, and is located a few miles from town. Including fans (no a/c), television, telephones, natural breezes blowing through screens, outside lanai sitting area, swimming pool, outdoor dining room, bar, and laundromat. Visit their website at www.hotelmolokai.com

KAUA`I

Kaua`i, The "Garden Island" offers magnificent scenery and lush vegetation, beautiful waterfalls, the spectacular Waimea Canyon, the great "hidden" valley of Kalalau, colorful tropical plants and flowers. Landmarks include Hanalei Bay, Wailua River, Nāwiliwili Bay, Po`ipū Beach. Kaua`i is the oldest island in the state with a population of about 67,000 people.

ACCOMMODATIONS: Aston Aloha Beach Hotel

This full service resort is located on an oceanfront park where the Wailua River meets the sea. The resort features Kaua`i's only protected swimming and snorkeling beach, two swimming pools, jacuzzi, fitness room, tennis, volleyball, shuffleboard, housekeeping service every other day, coin operated laundry, valet service, elevators, and free parking. Each room has a private bathroom, central air conditioning, a refrigerator, coffee maker, alarm clock/radio, color TV, phone, hair dryer, and an in-room safe. The hotel is a 20 minute drive (6 miles) from Līhu`e Airport. For additional information about the Aloha Beach Resort, visit their website at www.astonhotels.com/resort/overview/aston-aloha-beach-hotel

O`AHU

O`ahu is known as the "Gathering Place". It is the most populated island with over 950,000 residents and is where Honolulu is the capital city, the principal port, the major airport, and business and financial center, and the educational heart of the State. O`ahu is the military command center of the Pacific. Landmarks include the Nu`uanu Pali, Diamond Head, and Pearl Harbor.

ACCOMMODATIONS: Waikīkī Resort Hotel

The Waikīkī Resort Hotel is well located in the heart of Waikīkī, half a block away from the Kūhiō Beach section of world famous Waikīkī Beach and in the shadow of iconic Diamond Head. Being near Kūhiō Beach is a real plus, as it is the most interesting part of Waikīkī Beach because it is wide, sandy, nicely landscaped, and it is home to the beach boy stands which send out surfers and outrigger canoes. The hotel is also within walking distance of other popular attractions such as Kapi olani Park (great for morning or evening walks), the Honolulu Zoo, the Waikīkī Aquarium, the International Marketplace, King's Village shops, and a multitude of restaurants and other attractions. The largest and most interesting shopping center in Hawai i, Ala Moana Shopping Center, is a short 10 minutes away (by car). For those who wish to travel by bus, the bus stop is just around the corner.

The Waikīkī Resort's hotel amenities include an outdoor swimming pool and pool deck, sundry and gift shops, self-service laundry, a laundry and dry cleaning service, a 24-hour business center, two restaurants, and a 24-hour bell desk, front desk, and hotel security service. Each guest room is equipped with air conditioning, private balcony, two double beds, refrigerator, shower or shower and 1/2 bath tub, clock radio, color TV with on demand movies and games, and a safe. Parking on property is \$18.00 per day and subject to change without notice. The hotel is a 30 minute drive (12)

miles) from Honolulu International Airport. For additional information on the Waikīkī Resort Hotel, visit www.waikikiresort.com

DEPARTURE: Honolulu International Airport (HNL)

- <u>Shuttle Service</u>: Please make arrangements with the hotel concierge if you would like to use the shuttle service. (One way fare is approximately: \$15; there may be additional charges for oversized or excess baggage [more than 2 bags per person])
- <u>Taxi</u>: Please make arrangements with the hotel concierge if you would like to use the taxi service. (Fare is approximately \$35)

Note: Various transportation services are available; however, not all shuttles service all hotels. Please confirm that the shuttle you intend to hire services the Waikīkī Resort Hotel before making a reservation or buying a ticket. Please have the address of the Waikīkī Resort Hotel (2460 Koa Avenue, Waikīkī) with you in case the reservationist needs it.

PRE & POST-PROGRAM ACCOMMODATIONS

BIG ISLAND OF HAWAI'I- PRE PROGRAM

Hilo Hawaiian Hotel:

If you would like to make a pre-program reservation at the Hilo Hawaiian Hotel, where you will be staying overnight the first evening, we have enclosed an advance reservation form with this packet. Advance registration requires one night's deposit. Please fax to (808) 969-6472 or email: hhh-res@castleresorts.com.

Special Road Scholar room rates are:

Standard Garden View Room \$95.00 + taxes
Deluxe Ocean View Room \$125.00 + taxes

Comfortable, laid back Hilo is the gateway to Hawai'i Volcanoes National Park and an authentic taste of Hawai'i's Big Island. The Hilo Hawaiian Hotel is located right on Hilo Bay and only two miles from Hilo Airport. The hotel has 8 stories with 3 elevators and offers air-conditioned guest rooms with private bathroom, color television, direct dial telephone, and private lanai. There is the Queen's Court Restaurant, Waioli Lounge, a gift shop, swimming pool, coin-operated Laundromat, and a broadband internet kiosk (fee) in the lobby with printing. More information can be obtained at www.castleresorts.com/Home/accommodations/hilo-hawaiian-hotel

O'AHU-POST PROGRAM

Waikīkī Resort Hotel

If you would like to make a post–program reservation at the Waikīkī Resort Hotel where you are staying on O`ahu during the program, you may call the hotel's central reservations office at 1-800-367-5116. To qualify for the following special post–program rate, please state that you are attending the PII Road Scholar Program and be prepared to give your program dates. Please note that the rate varies depending on the time:

Special Road Scholar room rate ("Run of House" Category) is:

\$115.00 + taxes for January, February, March, July, August, and December \$105.00 + taxes for April, May, June, September, October, and November

Since the number of these special-rate rooms is limited, we recommend that you make your reservation as soon as you have finalized your travel plans. To guarantee your reservation, you must provide a major credit card (VISA, MasterCard, American Express, Discover, Diners) for one night's deposit and must be received by the Hotel at the time of booking. You may cancel your reservation up to 72 hours in advance without penalty. If you cancel within 72 hours of your reservation, a charge of one night's room and tax will apply.

OTHER HOTEL OPTIONS ON O'AHU

Hilton Waikīkī Beach Hotel

If you are interested in staying at a different hotel on O`ahu after your program concludes, the Hilton Waikīkī Beach is an upscale hotel centrally located one block from famous Waikīkī Beach & in the heart of Waikīkī. This four-star property offers breathtaking ocean or mountain views. All rooms are newly renovated and have air conditioning, refrigerator, 42" flat-screen cable TV, telephone with data port, Hilton Serenity bed, shower only (tub on a request basis) and high-speed internet access (fee). The property has a heated pool, whirlpool spa & a pool-side snack bar. For more information, please visit their website at www.hiltonwaikikibeach.com

For your convenience, we have set up a quick link to reserve rooms at the Hilton Waikīkī Beach Hotel. Rates start at \$ 177.00 + tax. Simply copy and paste the following URL into your web browser to book:

http://www.hilton.com/en/hi/reservations/index.jhtml?hotel=HNLWAHF&corporateCode=N2753090

Hawai`i Prince Hotel

Located at the gateway to Waikīkī, the Hawai'i Prince Hotel Waikīkī overlooks the beautiful, blue Pacific Ocean and the Ala Wai Yacht Harbor. The guest rooms at this AAA Four Diamond property are all oceanfront with floor to ceiling windows. Amenities include shuttle service to Waikīkī and surrounding beaches, swimming pool, whirlpool, business center, fitness room, , in room mini-refrigerator, in room safe, hair dryer, iron, bath robe, four restaurants, and free transportation to the hotel's 27 hole championship golf course designed by Arnold Palmer (guests receive preferred tee times and special rates) or to two championship tennis courts.

You can make a reservation at the Hawai'i Prince Hotel by one of the following methods:

Phone reservations: Toll Free: (800) 561-2255 or (808) 944-4422

Email reservations: reservations@princehawaii.com

Fax reservations: (808) 944-4491

You must reference Account #111111827 to receive special rates. Rates start at \$179.

Cancellations are extended up to 48- hours prior to arrival without incurring a one-night room and tax charge.

GENERAL INFORMATION

PROGRAM REGISTRATION

On the first day of your program, there will be an Road Scholar registration at Kilauea Military Camp. You will receive a program booklet which will detail your daily schedule when you register with your Group Leader.

If you arrive after the scheduled 1:30 pick up time and miss the Road Scholar program registration, the hotel's front desk will be holding your program materials for you. These program materials will tell you where to find the group when you arrive. You can join the group at that time. If you arrive after the dinner and introductions, please leave a message for the Group Leader that you have arrived.

ORIENTATION AND ACTIVITIES

Orientation will take place the first evening after dinner, and introductions will take place the next morning.

Please note that our program does include some free time for you to explore areas of interest independently. If you have particular sight-seeing or other things you want to do, we recommend you consider arriving early or staying after the program as free time during the program is limited. You may also check with the hotel's activities desk for more information on things to do during your free time.

ADDITIONAL HAWAI'I INFORMATION

If you would like additional information on hotels, sites of interest, and optional activities, please contact your local travel agent or the Hawai'i Visitors & Convention Bureau at 1-800-GOHAWAII (1-800-464-2924) or visit their website at www.gohawaii.com.

ROOM ASSIGNMENTS

Participants traveling together will be housed together. Those traveling independently will be paired with a roommate of the same gender and housed two to a room unless registered for a single room. You will, of course, be with your requested roommate. Couples will generally be assigned a room with one bed unless otherwise specified on the Housing & Transportation Form. All others will be assigned a room with two beds unless otherwise specified. Please note that we will do our best to obtain your preferred bedding arrangements, however there are no guarantees.

MEALS

With the exception of those meals included on our field trips, our program meals will be served in the hotel or local restaurants. The meals generally will be served from a variety of set, pre-planned menus or buffets, and some picnic lunches on field trips.

You may purchase alcoholic beverages on your own when available. Please inform us of any food allergies on your Health/Safety Form and we will try our best to accommodate you.

SMOKING POLICY

Hawai`i is the 14th U.S. State to enact a Smoke-Free Law prohibiting smoking in partially or enclosed facilities that are owned by the state or open to the public, including private businesses such as restaurants and bars. No smoking is allowed within 20 feet of doorways, windows, and ventilation intakes, nor allowed in Hawai`i airports from cabin to curb. Smoking is prohibited in classrooms and on busses and other conveyances.

Hotels and motels may designate up to 20 percent of rooms as smoking allowed. As many Road Scholar participants are non-smokers, we try to ensure that smokers and non-smokers are not assigned as roommates. If there is no other option than to assign a non-smoker and a smoker as roommates, the smoker is asked to refrain from smoking in the shared room. In the event that a guest has smoked in a non-smoking room, there may be a cleaning fee assessed by the hotel upon check-out.

As a general courtesy, smoking is only permitted outside and away from the group. Group leaders, drivers, and other staff are expected to observe non-smoking areas.

PORTERAGE AND TIPPING

Standard porterage and tipping are included for at all sites, except Kīlauea Military Camp and Moloka'i Hotel, within the program, restaurant service, and group bus transfers. Tipping for housekeeping service is at your own discretion. Tipping for departure from last accommodation, bar service or any other personal service is not included.

CLOTHING AND PERSONAL ITEMS

In Hawai'i, the dress is casual. The weather is pleasantly warm year-round, averaging in the mid- to upper-80's during the day and low to mid-70's at night. Gently blowing trade winds help keep the temperature comfortable. We suggest LIGHTWEIGHT COTTON or cotton/poly clothing. A light rain poncho (disposable types are sufficient) or umbrella is recommended for tropical showers, and a light jacket or sweater is recommended for the evenings. Sunscreen, a hat, and mosquito repellent are also important for outdoor activities. **We encourage you to pack lightly** and to consider bringing a luggage cart or luggage with wheels for ease of travel. Laundry facilities are available at most hotels in which you will be staying during the program.

This program includes visits to one or more National Parks which charge per person entrance fees. As many Road Scholar participants have a National Park Service (NPS) Golden Age Passport or NPS America the Beautiful Senior Pass, we decided not to include these entrance fees in your Road Scholar tuition, as we did not want participants to have to pay for something that you could otherwise get for free. If you have a Golden Age or America the Beautiful Senior Pass, you need to bring it with you in order to avoid paying a fee at each park included in the program. If you do not have either pass, we encourage you to purchase a senior pass at a participating government agency before your arrival, if possible. If prior purchase of a pass is not possible, you may have an opportunity to purchase one for a \$10.00 lifetime benefits fee.

For more information on current NPS Entrance Pass Programs and Pass purchasing information, please visit http://www.nps.gov/fees_passes.html. For answers to questions about the NPS Senior pass, please visit http://store.usgs.gov/pass/senior.html.

SUGGESTED PACKING LIST:

'OR I	BOTH MEN & WOMEN	Ш	Road Scholar passport (optional)		
	Special Medications		Walking Stick (optional)		
	Government issued photo I.D.		☐ Travel alarm clock (optional)		
	Sunscreen and insect repellent		□ Camera		
	Personal items such as toiletries		Waterproof Rain jacket		
	Sunglasses				
	Cap, sun visor, or hat	FOR I	MEN		
	1 Flashlight per person		Lightweight trousers for evening		
	Daypack for field trips		Walking shorts		
	Reusable water bottle for field trips		Shirts (Hawaiian or aloha, sport or		
	Walking Pants/ Shorts		golf shirts for evening, and T-shirts		
	Lightweight jacket and/or light		for day)		
	sweater /Sweatshirt (Kīlauea is		•		
	cool!)	FOR V	WOMEN		
	Swimsuit and reef shoes for water		Lightweight cotton pants, shorts,		
	activities if you plan to swim in your		and/or skirts		
	free time		Swimsuit Cover up (optional)		
	Comfortable, sturdy athletic shoes		Cotton blouses, casual tops or T-shirts		
	appropriate for hiking (good tread		1-2 Dresses (loose-fitting cotton		
	and ankle support)		sundress-style) or Hawaiian		
	Sandals or flip-flops/thongs		mu`umu`u for evening		

Baggage weight & size limitations are strictly enforced by inter-island carriers, especially the smaller aircraft that we are using. Maximum weight for check-in luggage is 40 pounds; maximum carry-on is one (1) piece per person, not to exceed 20 pounds. Please note that these airline policies are subject to change without notice. Please have your name and address identification on your entire luggage.

Casual, comfortable clothing that can be layered is the way to go for excursions from sea level to as high as 10,000 ft. elevation. Be prepared for a range of temperatures from 55 - 85 degrees F. and sudden changes in weather, from sunny to misty to rainy and windy. Rain or shine, all activities are a GO! To maximize our outdoor activities, please be prepared for rain and pacing yourself with the group.

IMPORTANT: Pack lightly for maximum ease of transport. Program moves every 2-3 days to a different site. At times, participants are responsible for carrying own luggage. There are plenty of laundry opportunities, so do not over pack.

HAWAI'I CONTACT INFORMATION

During the program, you may be reached at the following:

WEEK ONE

OVERNIGHT HOTEL IN HILO: "Your Name"

Monday (1 night) PII Road Scholar Program

Hilo Hawaiian Hotel 71 Banyan Dr. Hilo, HI 96720

Ph:(808) 935-9361 Fax: (808) 961-9642

Site #1 Tuesday - Thursday (3 nights): "Your Name"

PII Road Scholar Program

c/o Kīlauea Military Camp (KMC)

P.O. Box 48

99-252 Crater Rim Drive

Hawai`i National Park, HI 96718-0248 Ph: (808) 967-8333; fax: (808) 967-8343

Site #2 Friday - Saturday (2 nights): "Your Name"

PII Road Scholar Program

c/o Outrigger Keauhou Beach Resort 78-6740 Ali`i Drive, Kailua-Kona,

HI 96740

Ph: (800) 326-6803; Fax: (808) 322-3441

Site #3 Sunday - Tuesday (3 nights): "Your Name"

PII Road Scholar Program c/o Maui Beach Hotel

170 Ka`ahumanu Ave., Kahului, HI 96732 Ph: (808) 877-0051; Fax: (808) 871-5797

WEEK TWO

Site #4 Wednesday - Friday (3 nights): "Your Name"

PII Road Scholar Program c/o Hotel Moloka'i

PO Box 1020, Kaunakakai, HI 96748 Ph: (808) 553-5347; Fax: (808) 553-5047

Site #5 Saturday - Sunday (2 nights): "Your Name"

PII Road Scholar Program c/o Aston Aloha Beach Hotel

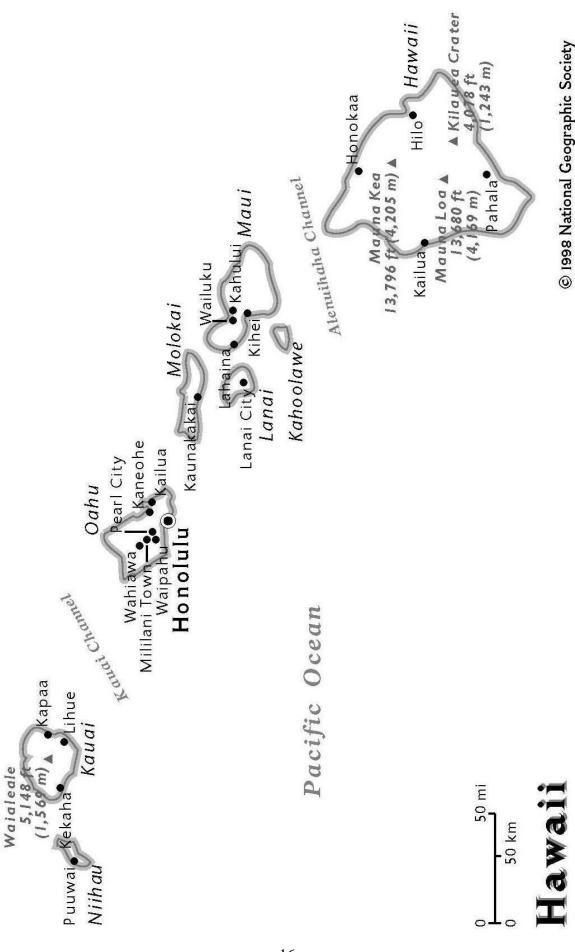
3-5920 Kuhio Hwy., Kapa`a, HI 96746 Ph: (808) 823-6000; Fax (808) 823-6666 Site #6 Monday - Tuesday (2 nights): "Your Name"

PII Road Scholar Program c/o Waikīkī Resort Hotel

2460 Koa Avenue, Honolulu, HI 96815 Ph: (808) 922-4911; Fax: (808) 922-9468

Please do not call or write any of these hotels for Road Scholar program information. We are only in residence during the program sessions.

Please also note that Hawai'i generally has good cell phone coverage, and coverage areas and signal strengths are only getting better, so if you have a cell phone, you may want to consider bringing it with you. We recommend you check your provider's Hawai'i coverage areas and costs under your cell phone plan. Internet access will also be available at a number of locations.



PROGRAM SCHEDULE

This schedule is intended to give you a general idea of how the program will flow. The order of the elements may vary from program to program. You will receive a sample schedule in your Final Packet and a complete daily schedule upon arrival at your program registration.

DAY 1	Independent arrivals to hotel and check in	DAY 6 Morning	Breakfast
DAY 2		8	Field Trip: Kaloko-
Morning	Breakfast on own Free Time		Honokōhau Field Trip: Pu`ukoholā
Afternoon	Lunch on own Meet Group leader and depart for Volcano	Afternoon	Heiau Picnic Lunch Free time at beach
Evening	Dinner Orientation & Introductions	Evening	Dinner
		DAY 7	
DAY 3		Morning	Breakfast
Morning	Breakfast Class: Geologic Formation of the Hawaiian Islands	Afternoon	Lunch Fly to Maui Field Trip: `Iao Valley
Afternoon	Lunch Nature Walk	Evening	Dinner
Evening	Dinner	DAY 8	
	Presentation: Culture	Morning	Breakfast Field Trip: Maui's East
DAY 4	B 10	A 6:	End
Morning	Breakfast Class: Hawai`i	Afternoon	Lunch Continuation of Field Trip
	Field trip to Volcanoes National Park	Evening	Dinner
Afternoon	Lunch	DAY 9	
	Field Trip: Lava on the coast	Morning	Breakfast Field Trip: Haleakalā
Evening	Picnic Dinner		National Park
DAY 5		Afternoon	Lunch Continuation of Field Trip
Morning	Breakfast Transfer to Kona	Evening	Dinner
Afternoon	Lunch Field Trip: Pu`uhonua o Hōnaunau National Historic Park		
Evening	Dinner		

DAY 10		DAY 14	
Morning	Breakfast	Morning	Breakfast
_	Class: A Changing Maui	_	Field Trip: Hanalei
Afternoon	Lunch		Valley
	Ferry to Moloka`i		Field Trip: Kīlauea Point
Evening	Dinner		National Wildlife
			Refuge
DAY 11		Afternoon	Lunch
Morning	Breakfast		Free Time in Hanalei
	Field Trip: Moloka`i	Evening	Dinner
	Museum & Sugar Mill		
Afternoon	Lunch	DAY 15	
	Field Trip: Halawa Valley	Morning	Breakfast
Evening	Dinner		Fly to O`ahu
	Class: Voyage of	Afternoon	Lunch
	Rediscovery		Field Trip: USS Arizona
DAY 12			Memorial
Morning	Breakfast		Field Trip: National
- 6	Field Trip: Kalaupapa		Memorial Cemetery of
Afternoon	Lunch	.	the Pacific
	Continuation of Field	Evening	Dinner
	Trip	DAX/15	
Evening	Pa`ina (Luau)	DAY 15	D1-f4
_		Morning	Breakfast
DAY 13			Field Trip: O'ahu's East
Morning	Breakfast	Afternoon	End Lunch
	Fly to Kaua`i	Alternoon	Class: Hawaiian Values
Afternoon	Lunch	Evening	Dinner
	Field Trip: Waimea	Evening	Aloha Program
	Canyon		Alona Flogram
Evening	Dinner	DAY 16	
		Morning	Breakfast
		1110Hilling	Hotel check-out &
			individual departures
			marriadar departares

PII ROAD SCHOLAR PROGRAMS

Pacific Islands Institute also offers other Road Scholar Programs in Hawai`i and the South Pacific. You may wish to consider one of these before or after your program or another time in the future.

In the Road Scholar U.S. & Canada catalog:

Service Learning: Maintaining "Mighty Mo" in Pearl Harbor (#2617): Walk the decks of the historic USS Missouri – the "Mighty MO" – and feel its storied history as the site of the Japanese World War II surrender, a veteran of four wars, and the last battleship to be active in any navy in the world. On this 6-night program, become a part of the Mighty Mo's history as you join the ship's "Teak Crew" of this magnificent vessel.

Hawai'i's National Parks (#2810): A 15-night program in which participants visit national parks, historic sites, wildlife refuges, and state parks on five islands.

Hawai`i's Humpback Whales and Marine Environment - Maui (#12140): This 6-night program on Maui, Hawai`i's most popular island has a focus on Maui's humpback whales (Dec-Apr).

Adventure programs are for those who enjoy a more physically active program. Courses include hiking, kayaking, snorkeling, and surfing.

Hawaiian Water Adventure: An Intergenerational Marine Exploration (#4827): This 8-night active program will bring you and your grandchild to O'ahu for 5 nights and to Kona for 3 nights. Swim, surf, sail, and snorkel together and learn about Hawai'i's glorious undersea world and its bountiful ocean treasures.

Maui/Big Island Snorkeling (#18116): Explore Hawai'i's underwater world on this 9-night program with 5 nights on Maui followed by 4 nights in Kona

Paradise Adventure From Mountains to Sea - O`ahu/Maui/Kaua`i (#12294): An 11-night Adventure program with 3 - 4 nights on each island. Focus is on active exploration of Hawai`i's outdoor environment.

In the International Road Scholar catalog:

The Atacama Desert (Chile) & Easter Island: Different Worlds (#3892): Spend 20 days exploring Chile's natural beauty and Easter Island's awe-inspiring monoliths, the moai. This program focuses on the history & culture of the ancient peoples that inhabited these diverse lands.

Below and Above Blue Waters – Snorkeling and Exploring in Fiji (#17863): Learn about Fiji's spectacular coral reefs by snorkeling them and through classes provided by marine experts on this 12- night program. Savusavu is a wonderful easy place to snorkel with its clear warm waters, teeming fish and coral life.

NEW! Easter Island: The Majesty and Mystery of Rapa Nui (#16342): At the turn of the millennium, the island of Rapa Nui — later named Easter Island by a Dutch explorer — flourished with the communities of early Polynesians. Delve into their legacy and history on this 9-night

program as you explore Easter Island and relish in an opportunity to study the monolithic moai that still exist. Meet archaeologists and historians who study these ancient peoples as well as local residents who continue to call this sub-tropical island their home.

Documenting the Past: The Easter Island Archaeology Project (#16289): Join archaeologists and other researchers for a hands-on exploration of one of the world's most mysterious and fascinating places. Learn archaeological research techniques and contribute to a growing body of research to bring the mysteries of Rapa Nui into view.

Dive in and Discover: Snorkel Palau and Yap (#18535): Strung across the Western Pacific like a thousand green emeralds on a sea of blue are the islands of Micronesia, or "little islands." These islands are steeped in ancient traditions and fascinating legends, and also offer some of the best snorkeling in the world. Dive in and discover two of these sparkling gems — Palau and Yap on this 14-night program.

In the Adventures Afloat catalog:

Hawai'i on the Horizon: A Transpacific Voyage Into Island Culture and Nature (#16225): On this 16 day program, discover the treasures of this idyllic Hawai'i without the hassle of flying. Onboard lecturers lay the groundwork for your Hawaiian discoveries, as you voyage across the Pacific enjoying the amenities of a full-service ocean cruiser, Holland America's MS Zaandam. As you venture to Hawai'i Volcanoes National Park, the USS Arizona Memorial, Haleakala National Park and more, experts introduce the people and nature of Hawai'i and the fiery geology that sustains them.

Tropical Splendor: Exploring the Hawaiian Islands (#11513): Spend 3 nights on O`ahu followed by 7 nights on Norwegian Cruise Line's *Pride of America* visiting Maui, the Big Island (Hilo and Kona), Kaua`i, and studying Hawai`i's history, culture, natural environment, and people. Spend days in port and cruise at night.

Submarines, Volcanoes & Tropical Forests: Intergenerational Hawai`i (#12426): With 2 nights on O`ahu followed by 7 nights on Norwegian Cruise Lines' *Pride of America*, visit Maui, the Big Island (Hilo and Kona), and Kaua`i while studying Hawai`i's volcanoes, marine life, culture and traditions with your grandchild.

NEW! A Polynesian Adventure: The Society Islands, Tonga & Fiji (#20360): More than 1,000 years ago, brave navigators set out in ocean-going canoes to explore what lay beyond the horizon of the wide blue Pacific. Recreate their journey on this 17 night program in luxury aboard the *MS Paul Gauguin* as you venture to distinctive islands including the Society Islands, the remote Kingdom of Tonga and three Fijian isles.

NEW! Deep Into French Polynesia: Marquesas, Tuamotus & Society Islands (#20359): Journey through French Polynesia, beginning in Tahiti then sailing aboard the *MS Paul Gauguin* to the Tuamotus and an island so pristine it is considered a biosphere reserve. Explore the mist-covered Marquesas, discovering waterfalls, wild stallions, tiki sculptures and other delights. Plus embark on spectacular shore excursions in the Society Islands.

Following Captain Cook: The Cook Islands & Society Islands (#19387): On this 15- night South Pacific odyssey, spend 3 nights in Tahiti first and then set sail on the *MS Paul Gauguin* to discover the isle of Huahine, renowned for its spectacular rainforests, experience the unique majesty of the Cook Islands, then return to the Society Islands of French Polynesia for days in alluring Bora Bora, Tahaa, Moorea and Tahiti.

Intergenerational South Pacific: The Future of the Oceans (#19388): On this intergenerational adventure starting with 3 nights in Tahiti and then cruising for 7 nights to the French Polynesian islands of Bora Bora, Tahaa, Raiatea, and Moorea, you and your grandchild — or even three generations if their parent(s) wish to enroll — will have a hands-on, interactive experience of French Polynesia's marine and island ecosystems. Explore coral reefs, hike rainforest trails and much more. This voyage on the *MS Paul Gauguin* is specially designed to be an exciting and memorable learning experience for all ages.

Heart of French Polynesia: Tahiti & the Society Islands (#19384): Spend your first 3 nights in Tahiti exploring and learning about French Polynesian culture. Then soak in nature's beauty as you sail for 7 nights on the *MS Paul Gauguin* from Tahiti to the French Polynesian islands of Raiatea and its reef-bound lagoon, its companion island Tahaa, beautiful Bora Bora and Moorea.

Voyage Through French Polynesia: The Islands of Tahiti, Marquesas, And Tuamotu (#14177): Spend 13 days on the *Aranui* freighter, and 4-5 days in Tahiti exploring the archaeology, history, cultures, and natural history of this fascinating part of Polynesia.

French Polynesia Below the Surface: The Society Islands & Tuamotus (#19386): On this 14-night program, experience life below the waves in the Tuamotus, a snorkeler's paradise where the warm, crystal-clear waters are home to rays, dolphins, sharks and brilliantly colored reef fish. Learn about life onshore in French Polynesia including Tahiti and two lesser-known isles, Huahine and Raiatea as you sail on the MS Paul Gauguin.

NEW! Connected Cultures: New Orleans and the Caribbean (#20409): New Orleans has been described as a city whose identity is as much Caribbean as it is American. Experience this cultural connection in the pounding drums, exciting flavors and unique celebrations of the Crescent City. Then explore the Caribbean for yourself during a voyage on a Norwegian cruise ship to ancient ruins and modern communities of Mexico, Belize and Honduras.

NEW! The Great West: California to Canada by Sea and the Rocky Mountaineer (#20450): Experience the majesty of the west on a journey up the coast by sea and through the Canadian Rockies by rail. Encounter First Nations people and Vancouver's thriving Chinese community. Then take an incredible journey on the Rocky Mountaineer, a luxury train that operates during the day so you enjoy every spectacular view of the Rocky Mountains, lakes, forests and wildlife through its large picture windows.

If any of these programs interest you, please contact Road Scholar at (877) 426-8056 or www.roadscholar.org for further information. PII Road Scholar can be reached at (808) 732-1999 or explorethepacific.com but other organizations in Hawai`i also offer Road Scholar Programs.

GENERAL ROAD SCHOLAR INFORMATION

INSURANCE

As explained in the "Welcome to Road Scholar" brochure that was included with your enrollment notice, your program cost includes the Road Scholar "Travel Assistance & Insurance Plan." The primary purpose of this plan is to provide 24-hour assistance for medical and other emergencies. In addition, this plan provides insurance coverage in the event of accidental death or dismemberment. This plan also provides limited, supplemental, medical, and baggage insurance. Please read the Road Scholar brochure carefully to understand what is involved.

You should review your personal insurance policies and the scope of this insurance plan to determine whether, together, they provide adequate coverage for your individual needs. The Road Scholar "Travel Assistance & Insurance Plan" applies for the program dates published in the catalog or subsequent notices. Independent travel (before, during, or after the published program dates) is not covered.

ROLES AND RESPONSIBILITIES

Many people cooperate to make Road Scholar programs a success. Following are the roles and responsibilities of key organizations and individuals involved.

<u>Program Coordinator:</u> the organization(s) that develops and administers programs under Road Scholar guidelines. Your Program Coordinators are Pacific Islands Institute (PII). PII is responsible for the quality and performance of all program-related staff and for all program content and related activities.

<u>Group Leader:</u> the person who travels with, and oversees, the group throughout the program. The Group Leader accompanies the group during scheduled activities, assists with rooming, participant concerns, emergency situations, and provides assistance with logistics as needed to both participants and program staff. While well-informed, the group leader is not usually part of the program's educational staff.

<u>Educational Staff:</u> lecturers are drawn from the local community on each island and are selected for their expertise on the subject area being studied, as well as for their communication skills. Lecturers have a wide range of backgrounds.

<u>Road Scholar Participants:</u> program participants also have certain responsibilities. We have endeavored to present sufficient information in the catalog and on Road Scholar's website (<u>www.roadscholar.org</u>) for participants to make intelligent decisions as to which programs are suitable for your personal health condition and individual circumstances. These preparatory materials contain detailed information regarding academic and non-academic aspects of the program including health and safety considerations.

Since Road Scholar does not conduct screenings for fitness prior to enrollment, it is your responsibility as a participant to inquire about any aspects of the program that may be of doubt or concern and to consult your health care provider(s) as appropriate regarding your ability to deal

with the demands involved. It is also your responsibility to prepare for the program by carefully reading the preparatory materials and following any recommendations.

ROAD SCHOLAR MISSION STATEMENT

Road Scholar is the new name for the programs developed and offered by Elderhostel, Inc., the not-for-profit world leader in lifelong learning since 1975. Our mission is to empower adults to explore the world's places, peoples, cultures and ideas, and in so doing to discover more about themselves. A fellowship of learning and the joy of discovery are the hallmarks of the Road Scholar experience.

Road Scholar programs bring together instructors and participants from diverse backgrounds to foster dynamic interaction, engaging discourse and warm camaraderie. In a world that seems to shrink smaller by the day because of technology, we believe that true insight and understanding are still sparked by hands-on experience and open discussions that stimulate the senses, energize the body and challenge the mind. We are committed to continually developing new program destinations, topics and formats to reflect the shifting realities and emerging trends of our everchanging world.

THE ROAD SCHOLAR SPIRIT

We believe learning is a lifelong process – that sharing new ideas, challenges, and experiences is rewarding in every season of life. Participants come together as an assortment of diverse individuals who share a passion for learning. This common bond creates a rich environment for intellectual and personal growth, a supportive group spirit, and opportunities for making new friends. Some important things to remember:

- Road Scholar is educational hostellers are considered students, not tourists.
- Programs are not for credit but for the enjoyment of learning.
- There is no homework and no exams or grades.
- No special educational background is needed or required.

At the core of our programs are liberal arts courses designed to stimulate your thinking and increase your knowledge. In addition to background lectures and discussions, we also provide fascinating field trips, excursions, and enrichment activities for a balanced schedule of active learning and doing.

Our budgetary guidelines are to seek the best value at the best cost. Just as you will be sensitive towards other cultures and customs, we trust you will be adaptable with respect to meals and accommodations that may be quite different from what you are used to at home. Accepting and dealing positively with such differences will greatly enhance your appreciation of the experience.

You will also encounter a wonderful diversity of people in the group who may span several generations and get to know folks with distinctive histories, interests, and levels of physical ability. Wherever you fit into the mix, you will be respected as an "elder" in the best sense of the word – someone who has attained wisdom and a wealth of life experiences. For these reasons, we look forward to your full participation and the enrichment it will provide. Should you find that some activities are beyond your abilities, you have the option of relaxing on your own.

There will some free time to pursue individual interests, take care of personal business, sightseeing on your own, shopping, laundry, etc. Because you are a vitally important part of Road Scholar, we ask that you undertake any independent touring or visiting friends/relatives either before or after the program.

Successful participants are friendly, active, adaptable; able to function independently and as members of the group; know how to deal flexibly with unexpected circumstances and changing conditions; are able to pace themselves and be tolerant of others who move at a different pace; and have a sense of humor. Having an attitude of openness towards new people, places, and customs may be the most significant factor in enjoying the program. On behalf of our staff and esteemed associates, best wishes for an outstanding adventure in lifelong learning!

SUGGESTED READING LIST

(<u>Please note:</u> Some of the books may be highly specialized and some libraries may not carry them. We recommend checking online sites like amazon.com to check if they are available for purchase.)

Adler, Peter S. Beyond Paradise. Oxbow Press.

Balasz, George. Hawai`i's Seabirds Turtles and Seals. W. W. Distributors.

Buck, Elizabeth. Paradise Remade. Temple University Press.

Carlquist, Sherwin. *Hawai`i - A Natural History*. Pacific Tropical Botanical Garden.

Culliney, John L. Islands in a Far Sea: Nature and Man in Hawai'i. Sierra Club Books.

Clark, Jeanne L. *Hawai`i Wildlife Viewing Guide*. Adventure Publications.

Clay, Horae F. and James C. Hubbard. *The Hawai'i Garden Tropical Exotics*. University of Hawai'i Press.

Daws, Gavin and George Cooper. Land and Power in Hawai'i. University of Hawai'i Press.

Daws, Gavin. *Hawai`i: The Islands of Life*. The Nature Conservancy.

Daws, Gavin. Shoal of Time. University of Hawai'i Press.

Daws, Gavin. The Illustrated Atlas of Hawai'i. Island Heritage.

Dudley, Michael Kioni. Man, Gods & Nature. Na Kane O Ka Malo Press.

Fielding, Ann. *Hawaiian Reefs and Tidepools*. Oriental Publishing Co.

Hagmann, Marnie. *Hawai`i Parklands*. Falcon Press Publishing Co.

Hawai'i Audubon Society. *Hawai'i's Birds*. Hawai'i Audubon Society.

Hobson, Edmund and Edith Chave. Hawaiian Reef Animals. University of Hawai`i Press.

Kaufman, Gregory D. and Paul H. Forestell. *Hawai'i's Humpback Whales*. Island Heritage.

Kirch, Patrick Vinton. Legacy of the Landscape. University of Hawai'i Press.

Krauss, Beatrice H. *Plants in Hawaiian Culture*. University of Hawai'i Press.

Lepler, Cameron B. and Angela K. *Haleakalā*, A Guide to the Mountain. Mutual Publishing.

Lucas, Lois. Plants of Old Hawai'i. Bess Press.

Macdonald, G. A., A. T. Abott, and F. L. Peterson. *Volcanoes in the Sea: The Geology of Hawai`i*. University of Hawai`i Press.

Mack, Jim. *Haleakalā* - *The Story Behind the Scenery*. KC Publications.

Oliver, Anthony Michael. *Recent & Historical Facts & Events in the 50th State*. Mutual Publishing.

Peek, Jeanette Murray. Stepping Into Time - A Guide to Hawai`i's Historic Landmarks. Mutual Publishing.

Sohmer, S. H. And R. Gustafson. *Plants and Flowers in Hawai`i*. University of Hawai`i Press.

Hawaiian Traditions: History, Culture & Music

Beamer, Nona. Na Mele Hula: A Collection of Hawaiian Hula Chants. University of Hawaiii Press.

Conjugacion, Noland (Brother Noland). *The Lessons of Aloha, Stories of the Human Spirit.* Watermark Paper.

Emerson, Nathaniel. *Unwritten Literature of Hawai`i: The Sacred Songs of the Hula*. `Ai Pohaku Press.

Hopkins, Jerry. How to Make Your Own Hawaiian Musical Instruments. Bess Press, Inc.

Osorio, Jonathan Kamakawiwo'ole and Kanalu G.T. Young. *Lei Mele No Pauahi: Music, Past and Present, at Kamehameha Schools.* Kamehameha Schools Press.

Pukui, Mary K. and Alfons L. Korn. *The Echo of Our Song Chants and Poems of the Hawaiians*. University of Hawai'i Press.

Pukui, Mary Kawena, et al. *Place Names of Hawai`i*. University of Hawai`i Press.

Pukui, Mary Kawena and Samuel H. Elbert. New Pocket Hawaiian Dictionary. University of Hawaii Press

Tatar, Elizabeth L. *Hula Pahu: Hawaiian Drum Dances Volume II, The Pahu- Sounds of Power.* Bishop Museum Press.

Te Rangi Hiroa. Arts and Crafts of Hawai`i IX, Musical Instruments. Bishop Museum Press.

Te Rangi Hiroa. Arts and Crafts of Hawai'i XII, Ornaments Personal Adornment. Bishop Museum Press.

Websites:

US National Park Service: www.home.nps.gov/

Hawai'i Visitors and Convention Bureau (HVCB): www.hvcb.org/